



20 20

ANNUAL
REPORT

acofp | AMERICAN COLLEGE
OF OSTEOPATHIC
FAMILY PHYSICIANS

Osteopathic greetings, friends and colleagues, as we embark on our second virtual Annual Convention and Scientific Seminars. To say it has been an unusual year as presidents would be an understatement. Just as so many facets of our lives had to adapt in 2020, so did the leadership of ACOFP.

As March typically sees the transition of our president and the election of new governors during our Congress of Delegates, that did not occur, as it did not seem prudent to change direction when stability for ACOFP was most needed. With the approval of a temporary bylaw change through a virtual Congress, the Board was placed in a “stay,” except for the resident and student governors, subsequently postponing the installation of Nicole Bixler, DO, MBA, FACOFP, until October 2020.

By sheer timing, ACOFP was the first professional medical association to transition from a live to virtual meeting in response to the COVID-19 pandemic. Quite remarkably, it was completed in less than one week. The creativity, professionalism and dedication of our staff and the selfless decision making of the entire Board of Governors navigated us successfully through that critical and stressful time. Who knew that a year later we would still be functioning in a completely virtual environment?

This new virtual environment has seen many programming successes for our organization; however, these virtual events certainly do not replicate the feeling of family that ACOFP provides to so many of us. We have greatly missed our visits to state society meetings, networking with our students and residents, reconnecting with old friends and sharing osteopathic hugs. We wish we could have congratulated our award winners, Distinguished Fellows and new Fellows in person. We are saddened by the events that have taken place in our country surrounding racism and health inequities, although we are encouraged by the enthusiasm of our Task Force on Racism & Health and the advocacy priorities we have set for 2021. We would have enjoyed a great time in New Orleans, Austin and Orlando; however, we are proud of the CME events we offered to meet your needs as you take care of your communities. We look forward to implementing more recommendations from the Task Force on Convention Innovation as we plan to be together again.

Until the time comes that we can replace our Zoom calls with live lectures, hands-on workshops, meetings around a conference table and genuine interactions with one another, we wish you continued safety and good health during this pandemic. Your perseverance and dedication in providing for your patients and families has certainly come with emotional, and often, financial costs. You have been asked to adapt your practice and teaching to eliminate human touch—a contradiction to the training we all received. You have selflessly placed the wellbeing of others over your own and you should be commended. We are thankful to our frontline physicians and affiliated healthcare professionals who have served with such grace and dignity. It is our sincere hope that vaccination efforts bring a halt to this virus that has claimed the lives of so many.

Finally, we are especially grateful for you, our ACOFP members, for your confidence in our ability to serve you during this unprecedented time. We have taken this shared year of presidency to chart a transformational path for our organization. We are excited for 2021 as we operationalize the ACOFP strategic plan and invest in the future of our profession. Thank you for the opportunity to lead an organization that has shown it is not where you are, but who you are with that really matters.



**Nicole Heath Bixler,
DO, MBA, FACOFP**
ACOFP President,
2020-2022



**Robert C. DeLuca,
DO, FACOFP dist.**
ACOFP President,
2019-2020



Bob Moore,
MA, CAE
ACOFP Executive
Director

On behalf of your ACOFP staff team, thank you for your perseverance in 2020 and help in combating the COVID-19 pandemic. I especially want to thank our Board, leaders, volunteers, speakers and subject matter experts who lent their time and expertise in 2020—on top of all the work you had professionally and at home. I hope you are as impressed by Drs. DeLuca and Bixler as I am. They weathered the unrelenting storms of 2020 with grace, compassion and decisive leadership. I could not have asked for a better pair of leaders and Board to work with given the extreme circumstances. ACOFP and your communities are stronger because of the collective efforts of ACOFP members, like you. You may not hear this as much as you deserve—thanks for all you DO!

I also want to thank our amazing staff team who rose to the challenge and weathered the storm of 2020 masterfully. Over the course of the year, we have used the current circumstances to innovate and find new ways of doing our work—all with the goal of being a valued resource and support system to you, our members. Given the unique and stressful circumstances facing our team, my commitment to support, develop and energize the staff only grew.

The staff completed the Gallop StrengthsFinder assessment to identify and build on their many strengths. A “Work from Home Task Force” introduced “Wellness Wednesday” activities to support physical and mental health; “Thirsty Thursday” happy hours once a month to foster community and “Coffee Talk” breaks to add moments of levity and connection in this new virtual world. Staff were also surveyed on a regular basis to assess their wellbeing. Last, but not least, a staff engagement survey was administered to collect feedback on the many enhancements enacted over the last two years. Results showed that staff engagement and satisfaction had increased by 30% and 31%, respectively.

Building on the new strategic plan referenced in the message from Drs. Bixler and DeLuca, ACOFP staff partnered with the Board in the development of new annual operating plans. This comprehensive tool not only guides us in the budgeting process but also provides a new way to communicate progress being made toward our outlined goals to the Board on a quarterly basis.

Given the synergistic and collaborative efforts of both ACOFP and the ACOFP Education and Research Foundation, you can now read annual reports for both organizations within one comprehensive report. Your ACOFP Foundation leadership and Board have also risen to the vast array of challenges facing the profession. The Foundation’s visionary and ambitious Initial Certification Grant made great progress during its first full year of implementation in 2020.

This annual report is another new way to communicate with the Congress of Delegates and membership of many of the action plans collaboratively implemented in 2020.

Thank you again for your support and encouragement. I look forward more great things to come in 2021 and beyond.

Strategic Plan 2020-2024

Mission



The mission of the American College of Osteopathic Family Physicians is to promote excellence in osteopathic family medicine through quality education, visionary leadership and responsible advocacy.

Vision



The vision of the ACOFP is to be the professional home for all individuals with a commitment to osteopathic primary care.

Core Value Statement



ACOFP is your:

Professional family

Advocate for the profession and patients

Trustworthy resource

Home for family medicine and osteopathic distinctiveness

We do this by being:

Accessible

Innovative

Inclusive

Diverse

Passionate

Goals & Objectives

1 Enhance and support lifelong learning along the education continuum in osteopathic family medicine.

- Increase student knowledge of osteopathic family medicine.
- Enhance the professional development of family medicine residents.
- Enhance CME access and scope.

2 Strengthen and advance our membership, governance, operations and resources.

- Maximize organizational effectiveness.
- Augment and optimize technology and communications.
- Increase member engagement.

3 Advocate for recognition and advancement of osteopathic family medicine.

- Increase education about the value of osteopathic family medicine.
- Increase legislative impact.
- Maximize member involvement.



1

Enhance and support
lifelong learning along
the education continuum
in osteopathic family
medicine.

HISTORIC ANNUAL CONVENTION PIVOTS IN ONE WEEK'S TIME

The ACOFP 57th Annual Convention and Scientific Seminars, scheduled for March 19–22 in New Orleans, was breaking registration records leading up to the Board's difficult decision to cancel the meeting six days prior to its start. After an exemplary example of teamwork, partnership and perseverance by the Board, speakers, volunteers and staff, the first virtual Annual Convention debuted. More than 1,600 physicians, residents and students participated in the virtual program.



Sharing Our Experience

Since March 2020 was the start of the pandemic in the United States, ACOFP was one of the first organizations faced with the decision of canceling or transitioning the meeting to a virtual format. Given ACOFP's decisive and bold decision making and ability to successfully change formats in less than one week's time, ACOFP was quickly looked to for inspiration and counsel.

Bob Moore and ACOFP Director of Knowledge, Learning and Assessment Steve Legault wrote articles in association-leading publications and presented webinars, both domestic and international in scope. Perhaps most importantly, a webinar was held for ACOFP state societies to learn from ACOFP's experience as they prepared to navigate their own virtual meetings.

The feedback for the ACOFP '21 Virtual event was glowing. Here are a few quotes reflecting the sentiment of many attendees:

"Thank you for being willing to change plans so that I could still complete my CME. I appreciate the drive to look out for all of our health."

"Virtual experience was GREAT! Please do this again, as there are many of us who cannot travel or take time off for being away from our practices. This was amazing!"

"This was a great experience with great presentations! I will definitely participate virtually again in the future."

Recognizing Excellence

Due to the shift to virtual, ACOFP's 2020 Achievement Award recipients were unable to be recognized with the traditional formal awards ceremony. To ensure this exceptional group received the recognition they deserved, a booklet insert was included in the July/August issue of *Osteopathic Family Physician*, which reached more than 13,000 members.



2020 Osteopathic Family Physician of the Year Award

Jeffrey S. Grove, DO,
FACOFP *dist.*



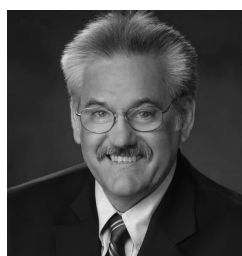
2020 Outstanding Female Leader Award

Janette M. Willcox, DO,
FACOFP *dist.*



2020 Young Osteopathic Family Physician of the Year Award

Kathleen M. Henley, DO



2020 Excellence in Advocacy Award

Kevin V. de Regnier, DO,
FACOFP *dist.*



2020 Osteopathic Family Medicine Educator of the Year Award

Christopher P. Zipp, DO,
MS, FACOFP, FAAFP



2020 Lifetime Achievement Award

Kenneth E. Nelson, DO,
FACOFP *dist.*



2020 Distinguished Service Award

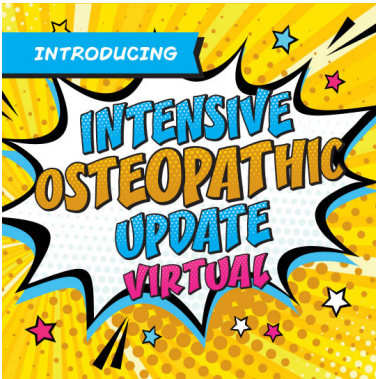
Joel M. Feder, DO,
FACOFP *dist.*



Jonathan W. Torres, DO,
MPA, FAAO, FACOFP



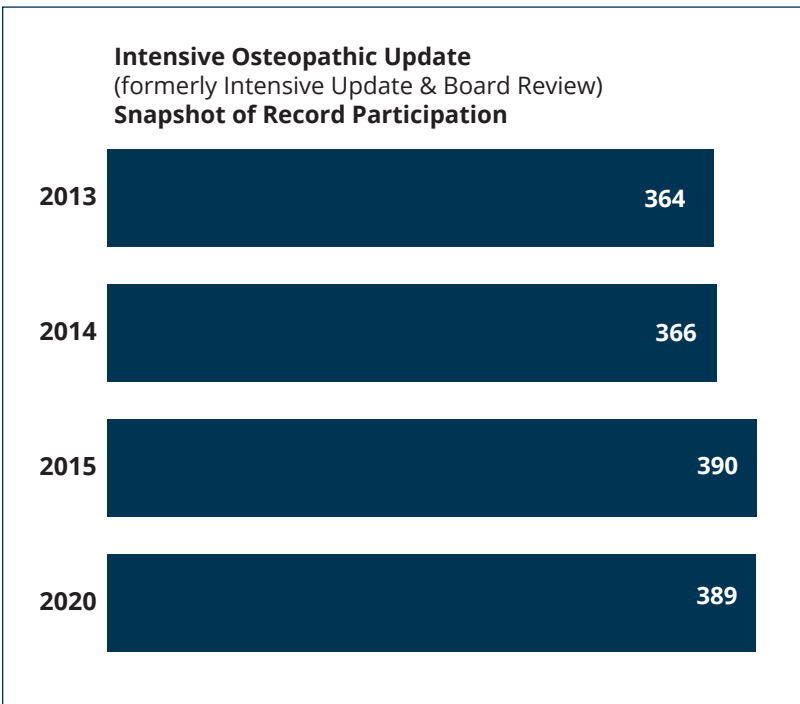
Christopher P. Zipp, DO,
MS, FACOFP, FAAFP



RE-IMAGINED INTENSIVE OSTEOPATHIC UPDATE EVENT DEBUTS

To better support our members as they serve and protect their communities, ACOFP expanded the annual ACOFP Intensive Update & Board Review, which was reenvisioned and launched as the Intensive Osteopathic Update (IOU). The entirely virtual event took place over two weekends in August and featured the same high-quality programming members have come to expect from ACOFP, as well as an overview of the practices and principles instrumental to osteopathic family medicine.

The 2020 program concluded just one registrant short of the 15-year record. From an assessment perspective, attendees rated the program 6.2 out of 7.



NEW FOR IOU THIS YEAR

More CME: 46.25 hours of AOA Category 1-A CME credits were included in the full-conference registration.

More options: Attendees chose from a robust program, featuring multiple tracks—including a dedicated practice management track to help grow one’s practice and a health & wellness track to keep ACOFP’s physician heroes in shape.

New OMT programming: A reenvisioned OMT track provided level-one and next-level content and demonstrations.

New benefit: All full-conference registrants received a complimentary subscription to ACOFP’s OMTtotal video library through December 2020.

Here are a few quotes from attendees to sum up the experience of many:

“Condensed learning, focused on actual family medicine topics, by knowledgeable colleagues, when I can attend in a way that makes it easy to learn. How does it get better?”

“Amazing effort! Great mix of wellness and day-to-day practical information for better patient care—taking care of both the patients and doctors. I am proud to be an ACOFP member.”

ACOFP INTRODUCES COMPLIMENTARY LEARNING OPPORTUNITIES FOR MEMBERS

2020 Webinars

ACOFP re-launched webinars for the first time in several years, covering timely topics. In response to the pandemic and its effect on members, all webinars were accessible to members at no additional cost.

Telemedicine for COVID-19 Patients: Making OMT Accessible (1.0 AOA Category 1-A CME Credit)

94% said they will change something about how they practice after attending.

93% said it was either excellent/outstanding or well done.

Introduction to Mindfulness and Its Usefulness to Physicians and Patients (0.5 AOA Category 1-A CME Credit)

80% said it was excellent/good.

71% of attendees said they will change something about how they practice after attending.

Mitigating Unconscious Bias in Health Care (1.0 AOA Category 1-A CME Credit)

90% of attendees said it was excellent/good.

86% said it was relevant to their practice.

Get Ready for the New Medical Decision-Making Grid and Total Time Policy Changes for Outpatient/Office E/M Services (1.5 AOA Category 1-A CME Credits)

95% said it was relevant to their practice.

95% of attendees said it was excellent/good.

Diabetes Online Course

A JDRF grant-funded diabetes program intended as a pre-conference session for March was redeveloped into an online course that took place on July 23, offering four complimentary hours of CME to osteopathic physicians.

Podcasts

Eight podcasts were published in 2020, covering topics from healthcare implications in the 117th Congress and leadership goals for the profession to reasons why our members choose the osteopathic family medical profession. Listeners can subscribe to these 20- to 50-minute podcasts through Apple, Amazon, Google or Spotify.



2020 Podcasts

DO.fm: Student Edition

- Interview with Cassie Robertson, *July 2020*
- Interview with Dr. Margaret Wilkins, *August 2020*
- Interview with Dr. Jennifer McPeek, *September 2020*
- Interview with Dr. Christopher Yonts, *October 2020*
- Interview with Dr. Jan Zieren, *December 2020*

DO.fm: Women in Leadership Series

- Interview with Dr. Carol Henwood, *November 2020*

DO.fm: Advocacy Edition

- Election 2020 Preview, *October 2020*
- Implications for Health Care in the 117th Congress, *December 2020*



Osteopathic Family Physician Journal Quizzes

A total of 931 AOA Category 1-B CME certificates were awarded for completing quizzes for reading 2020 *OFP* journal issues, and an additional 698 from previous years were awarded in 2020. In total, 1,629 CME certificates were awarded for the journal in 2020. This is 50% growth over 2019.

ACOFP eLEARNING OPPORTUNITIES FOCUS ON SUPPORT FOR OSTEOPATHIC PRINCIPLES AND PRACTICE

Osteopathic manipulative treatment (OMT) is a key element in ACOFP members' identity and imperative in maintaining osteopathic distinctiveness. ACOFP has traditionally provided numerous resources to support the practice of OMT. This year, in light of the economic climate and to further the profession, ACOFP took additional steps to further develop these resources and make them more widely available to ACOFP members.

New OMT Options for ACOFP Members

To support colleges of osteopathic medicine (COMs) and residency programs faced with rapidly developing remote learning opportunities, ACOFP offered the re-developed OMTeaching to both at no charge for several months during the pandemic. Though the pandemic prevented in-person meetings to continue video development and new resources, the existing website was enhanced to increase usability and relevance to students and residents.

The ACOFP Board also voted to make OMTtotal a free member benefit to first-year-in-practice members, and when the renewal cycle was launched in October 2020 for the 2021 year, a bundle option was introduced for members to add OMTtotal to their membership and save \$100 off the subscription price.



OCC Module Updates

In partnership with the American Board of Osteopathic Family Physicians (AOBFP), ACOFP began updating four Osteopathic Continuous Certification (OCC) modules that will be released in 2021. These modules include: Coronary Artery Disease, Diabetes Mellitus, Hypertension and Low Back Pain.

Expanded CME Opportunities

ACOFP completed the first application phase to become an Accreditation Council for Continuing Medical Education (ACCME) approved provider so that dual credit may be awarded at future ACOFP programs.

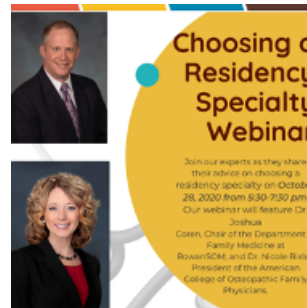
ACOFP SUPPORTS THE FUTURE OF THE PROFESSION

The Student Association of the ACOFP has 8,615 osteopathic medical student members and a five-person National Student Executive Board that acts as the voice for the students and works with ACOFP's 50 chapters at the 58 COMs and branch campuses to promote family medicine and engage students in ACOFP and the family medicine profession. Dedicated student communication via the student e-newsletter, a dedicated podcast channel and eLearning page, and social platforms were launched this year to encourage continued and innovative virtual engagement at the chapter level.

Each of the 50 student chapters has an executive committee and a faculty advisor to organize monthly family medicine events and activities with secured funding from ACOFP. A student volunteer committee structure exists for education/ research, public relations, policy/resolutions and recruitment. Related to this work, ACOFP also has a Family Medicine Chair Committee and a Committee on Osteopathic Recognition & Development that is primarily comprised of program directors.



KCU-MB COM hosted a DIY ornament and bake sale fundraiser and volunteered at the Kansas City Community Kitchen.



The Student Association of the ACOFP launched the DO.fm Student Edition podcast channel, where all the podcasts are designed by medical students from the student perspective. Each podcast gives unique insight into how to make the most of osteopathic training and

manipulative medicine skills while in medical school and beyond. Five episodes have been released this year.

In 2020, the Student Association of the ACOFP held four webinars: Chapter Leadership Training, Virtual Student Interviewing Best Practices, Family Medicine Residency Match Panel and Welcome to Intern Year Q&A.

New Resource to Encourage Selection of Family Medicine Specialty

"Some say family physicians are the Jack of all trades, however, we are really masters of what we choose." A new resource focused on this sentiment was developed for students, highlighting the diversity in selecting the family medicine specialty.

AACOM Virtual Residency Fair

In October 2020, ACOFP participated in the second virtual residency fair of the American Association of Colleges of Osteopathic Medicine (AACOM) and the Assembly of Osteopathic Graduate Medical Educators (AOGME). ACOFP joined several other specialty colleges at the fair, supporting students as they plan their futures. The fair offered multiple chat rooms for participants. In ACOFP's chat room, students could hear from a former osteopathic program director and two former members of ACOFP's National Student Executive Board, who were in their first years of residency.



Starfield Summit IV: Re-Envisioning Family Medicine Residency Education

The Accreditation Council for Graduate Medical Education (ACGME) announced that it will be undertaking major revisions for family medicine residency training in 2021. As part of this critical project, a coalition of groups focused on family medicine residency training planned and participated in the national Starfield Summit to foster dialogue on this topic and provide input to ACGME as they undertake this revision.

ACOFP—along with other family medicine organizations—was asked to represent both osteopathic and family medicine interests. Saroj Misra, DO, FACOFP, selected focus group leaders from ACOFP’s membership, including students, residents, practicing physicians, institutions, faculty and certifying boards. These leaders reviewed strategies and topics and provided summaries of organizational recommendations to the Starfield Summit Leadership Group to include in a comprehensive report for ACGME.

A virtual summit meeting occurred on December 6, and ACOFP was represented by Nicole Bixler, DO, MBA, FACOFP; Saroj Misra, DO, FACOFP; and Jeremy Fischer, DO, FACOFP.

New Features for Formative Assessments

To incentivize residency programs and residents to take the robust, osteopathically focused AOBFP In-Service Exam Plus (ISE+), produced and administered by ACOFP, registration was subsidized with an education grant of \$50 from ACOFP and the ACOFP Foundation. While the goal of increasing resident participants in the ISE+ formative assessment was met, the overall amount of residents taking either the ISE+ or ISE decreased by more than 200 over 2019.

Beginning in Fall 2021, only one in-service exam will be offered. However, previously taken exams (ISE or ISE+) will count toward the requirement.

ACOFP also worked with the National Board of Medical Examiners (NBOME) to pilot-test the CORTEx exam on the Catalyst platform.

Requirements Fulfilled by Each Exam	ISE+	ISE	CORTEx
Meets AOBFP’s Early Entry Initial Certification (EEIC) Requirement	✓	✓	X
Meets ACGME’s Basic Requirement	✓	✓	X
Meets ACGME’s Osteopathic Recognition (OR) Requirement	✓	✓	✓
Number of Exam Questions	265 (190 ISE & 75 OPP/OMM)	220 (190 ISE & 30 OPP/OMM)	75 (OPP/OMM)
Price	-\$110- \$60*	\$90	\$95

*Special discount offered courtesy of ACOFP and the ACOFP Education & Research Foundation

Resident participants commented:

“It is excellent. I really enjoy using the interface and the questions are balanced and fair.”

“This was great! Having feedback is awesome!”

Following the successful pilot, ACOFP used Catalyst in the fall for CORTEx, and total registration increased from 490 (in 2019) to 561 (in 2020).

Correlation Study

In partnership with NBOME and the American Osteopathic Association (AOA), a correlation study was conducted in 2020 comparing the ISE formative assessment with the AOBFP exam. The favorable results are expected to be published in early 2021.

PARTNERS MAKE IT POSSIBLE

ACOFP continues to make great progress working with several strategic partnering organizations to provide CME and other learning opportunities.

OMT Boot Camp Special Recognition

Under the leadership of Rob Danoff, DO, MS, FACOFP, FAAFP, the ACOFP OMT Boot Camp was redesigned into a new model with two courses: OMT Boot Camp First Level and OMT Boot Camp Next Level. In December, AOA approved the use of OMT Boot Camp Next Level to qualify for credit for those recertifying in the OMT portion of the AOBFP certification exam. Given the pandemic, dates for OMT Boot Camp will be announced later in 2021.

We would like to thank our partners at AOA and AOBFP for supporting osteopathic distinctiveness in family medicine by approving programs such as this.



OMED 2020

In partnership with 12 specialty colleges, AOA's annual medical education conference, OMED, was held virtually in October. ACOFP had over 1,400 participating members of the 3,800 total registrants. ACOFP offered 30 AOA Category 1-A CME credits for live virtual programming and 20 CME hours on-demand post-meeting. Some comments about ACOFP's sessions from OMED participants:

"Fantastic presentation and timely for our time in this COVID era!"

"Excellent presentation on this difficult topic. Well explained with case studies."

"Well presented and helpful in daily practice."



Endocrine Society

Family physicians increasingly are called upon to help in the diagnosis and treatment of diabetes. Given the limited number of endocrinologists, especially in the more rural

aspects of the United States, ACOFP and the Endocrine Society joined forces to develop a Diabetes Certificate of Training. Work began in 2020, with a goal of launching the new program by the end of 2021. The new program will include 10 modules and one comprehensive exam. Each module will have DO/Endo present as appropriate to the topic.

Med-IQ

2020 was the first full year in ACOFP's partnership with Med-IQ, a well-respected CME provider and grant procurer. Shortly after partnering, Med-IQ helped ACOFP secure three CME grants for the 2020 Annual Convention. In addition to the aforementioned JDRF-funded diabetes program, Status Neutral HIV Prevention and Treatment of Pelvic Pain in Women were offered as part of the ACOFP '20 Virtual program in March and are now offered as enduring materials.

ACOFP has scheduled a one-hour lecture on HIV Prevention during the ACOFP 58th Annual Convention and Scientific Seminars. The JDRF funds have been extended for 2021, and a one-hour lecture on T1D Screening has been scheduled for April 2021.



Direct Primary Care Summit

In July 2020, ACOFP partnered with the American Academy of Family Physicians (AAFP), the Direct Primary Care (DPC) Alliance and the Family Medicine Education Consortium Inc. (FMEC) for the sixth Direct Primary Care Summit, which took place virtually. Even in the virtual environment, the DPC Summit was able to cultivate a successful program in which family physicians and their staff came together to support and learn about the DPC movement. The DPC Summit exceeded all previous years, experiencing the highest attendance record with over 350 attendees.

ACOFP has participated in conference planning for the 2021 DPC Summit, which will be presented virtually in July. In addition, ACOFP has invited AAFP to partner on a Joint Injection Workshop, which was originally presented at the 2020 DPC Summit.



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Strengthen and advance
our membership,
governance, operations
and resources.

VIRTUAL PRESIDENTIAL INAUGURATION MAKES HISTORY

On October 15, Nicole Heath Bixler, DO, MBA, FACOFP, made history as the first ACOFP president inducted and honored during a virtual ceremony. ACOFP's fourth female president will lead the organization into March 2022.

With the cancellation of ACOFP '20 in March, ACOFP's Congress of Delegates voted to stay the Board of Governors for the year to ensure cohesiveness during the challenging year. The Board approved and welcomed the new student and resident governors and decided to split the role of president over the course of the year. As a result of this decision, the presidential term of Robert C. DeLuca, DO, FACOFP *dist.*, was extended six months, which shifted Dr. Bixler's inauguration from March to October. Jeffrey S. Grove, DO, FACOFP *dist.*, graciously hosted Dr. Bixler's inauguration in his home with a small group of colleagues, friends and family, followed by a virtual celebration with ACOFP's Board of Governors and membership. Dr. DeLuca was recognized by the Board during the virtual inauguration for his 18 months of dedicated service to ACOFP.



TASK FORCE ON CONVENTION INNOVATION PROVIDES BOARD WITH COMPREHENSIVE RECOMMENDATIONS

Created to assess ways that ACOFP can build on and enhance its well-regarded CME programming, ACOFP President Nicole Bixler, DO, MBA, FACOFP, created the Task Force on Convention Innovation, chaired by Ronnie Martin, DO, FACOFP *dist.* As part of their deliberations, association experts from the company Minding Your Business facilitated a series of interviews with leaders and staff.

In May and June, they helped the task force conduct a comprehensive survey to 36,605 physicians, residents and students. ACOFP received 1,466 members and 238 non-member responses—a 5% response rate. This data was instrumental in the series of recommendations provided to the ACOFP Board at the October 2020 meeting, which was approved. The prioritized recommendations will be implemented over the next several years as financial and human resources allow.

One key recommendation from the task force report included launching an open call for content. ACOFP is pleased to announce that a rolling call for content is now open through September 2021 to collect session proposals and content pieces for ACOFP conferences, webinars, podcasts and blogs.



(L to R): Jeffrey S. Grove, DO, FACOFP *dist.*;
Nicole Bixler, DO, MBA, FACOFP; Bob Moore, MA, CAE

ACOFP HIGHLIGHTS VOLUNTEER ENGAGEMENT

Efforts continue to reach out to ACOFP members and promote volunteer engagement opportunities. For a second year, an online form was promoted, and 45 volunteers self-nominated for committee appointments.

Throughout the year, new opportunities are being promoted to solicit input and help from members. These opportunities are designed to provide ways to volunteer in shorter time frames that may be more conducive to the increasingly busy lives of ACOFP members. Members can watch for future volunteer opportunities in ACOFP's Tuesday all-member newsletter.

In addition to increasing volunteer engagement, ACOFP also focused on recognition by developing a special thank



you video for its volunteer members in honor of National Volunteers Week. The video was shared via email and on social media.

ACOFP INCREASES FOCUS ON RACISM AND HEALTH DISPARITIES

In response to the events surrounding the death of George Floyd and the subsequent national conversation about racism in the United States, ACOFP leadership took time to reflect on the organization's actions to date and chart a new course moving forward. While ACOFP has policies that address health disparities and discrimination and has offered a variety of education sessions on the topic over the years, more must be done—both as an organization and a profession.

Task Force on Racism & Health

ACOFP leadership released a statement denouncing racism in all forms and outlining a series of actions taken in 2020, including a call for volunteers for the newly formed ACOFP Task Force on Racism and Health.

The task force was received with an immensely positive response, as 35 members applied to participate. Collectively, the task force will assess the issue of racism

and health; review ACOFP's current policies, programs and efforts to address this issue; and make recommendations to the ACOFP Board of Governors on ways ACOFP can help osteopathic family physicians play an increased role in ending health disparities due to racism and discrimination.

Inaugural ACOFP Diversity, Equity and Inclusion Award

The face of osteopathic family medicine is changing, and ACOFP recognizes the imperative need to better represent diversity in the profession and highlight the meaningful work by members to address health disparities in their communities.

The ACOFP Diversity, Equity and Inclusion Award was launched in Fall 2020 to recognize osteopathic family physicians who make significant contributions toward enhancing diversity, equity and inclusion within osteopathic family medicine education and practice. The award acknowledges practicing osteopathic family physicians who have demonstrated behavior or led initiatives that foster these principles within diverse and underrepresented communities and honors those who have demonstrated such commitment—not only by engagement, but also through initiative and leadership. The inaugural award recipient will be recognized during the 58th Annual Convention and Scientific Seminars in March 2021.

GOVERNANCE PROJECT IDENTIFIES WAYS TO BE MORE NIMBLE AND REPRESENTATIVE

As part of the Board's strategic planning efforts, the Association Management Center was contracted to begin an assessment project of ACOFP's governance structure. The Board's goal is to ensure ACOFP is being governed in a way that is responsive to today's fast-changing society and profession, ensuring a more diverse, effective and efficient board, which will naturally make ACOFP a more nimble and successful organization.

The first phase of assessment was presented to the Board in June 2020, and they voted to proceed with the governance project through 2021. This second phase will entail the creation of a task force to do a deeper dive on identifying areas to recommend to the Board to increase ACOFP's governance flexibility, resourcefulness, efficiency and diversity.

ACOFF BLOG DEBUTS



In January 2020, ACOFP launched the ACOFP blog to support member engagement and facilitate peer-to-peer perspective sharing. In its inaugural year, the ACOFP blog received 35,428 views and 23,185 visitors. Of the 68 posts published over the year, 49 blog posts were submitted by members and eight blog posts were developed by ACOFP’s advocacy partners, Alston & Bird.

VIRTUAL DOCTOR’S LOUNGES OFFER MEMBER SUPPORT DURING PANDEMIC

The ACOFP Virtual Doctor’s Lounge (VDL) was a member benefit created to provide peer-to-peer support during the early stages of the pandemic. Six VDLs were hosted in 2020 on the following topics: PPE, telemedicine, physician wellness and burnout, managing family dynamics, boosting staff morale and implicit bias in medicine.



ACOFF EXPANDS SOCIAL MEDIA PRESENCE

ACOFF continues to grow its social media presence, engaging with members and keeping the profession informed. Several new social media campaigns were piloted in 2020, including the resident **#FamMedontheFrontlines** campaign and the **#thankyouforallyouDO** campaign, which reached 24.4K people, had 2.3K clicks, and garnered 251 reactions, comments and shares.



ACOFF also launched the **#FaceoftheFamily** campaign for students, collecting photos to showcase diversity within ACOFP. More than 80 students participated in the campaign.

As part of a larger student-facing **#WhyDOFamMed** campaign that will be launched in Fall 2021, ACOFP began collecting videos and written testimonials from members, responding to the question: Why did you choose family medicine? Daily videos were posted and shared on social media in Fall 2020 as part of the soft-launch of the campaign during National Primary Care Week. To date, ACOFP has received more than 40 videos and an additional 20 written responses.



ACOFF Executive Director Bob Moore, MA, CAE, and then President-Elect Nicole Bixler, DO, MBA, FCOFP, participate in the **#thankyouforallyouDO** campaign.

ACOFP CELEBRATES ITS 70TH ANNIVERSARY



While ACOFP originally had plans to celebrate its 70th anniversary in person at ACOFP '20 in New Orleans, the organization was still able to honor seven decades of progress through ACOFP's website and social media. Past

presidents and other leaders provided words of wisdom and memories through the 70th Anniversary Survey.

What words of wisdom do you have for ACOFP's continued success over the next 70 years?

"Perseverance, presence and prop us all up."
—Sarah James, DO, FACOFP

"Maintain a commitment to excellence for all DO family physicians despite all obstacles, distractions and road blocks. Stay true to the profession, work with our allopathic counterparts and promote family medicine."
—Harold K. Sirota, DO, FACOFP

"We have a place for all voices and all levels of effort. Let us help you find yours!"
—Saroj Misra, DO, FACOFP

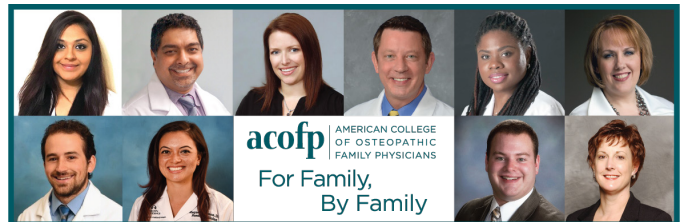
"Keep inclusive in the family and welcome everyone with open arms."
—Melinda E. Ford, DO, FACOFP

"Continue what we've been doing for the past 70 years by treating our members as family!"
—Steven Rubin, DO, FACOFP *dist.*

2020 ACOFP MEMBERSHIP NUMBERS FEEL THE EFFECTS OF THE PANDEMIC

Following several consecutive years of steady membership, 2020 saw a 6% drop due to the financial hardship many ACOFP members faced during the pandemic. ACOFP's 2020 membership numbers included 5,526 physicians, 2,969 residents and 8,327 students. ACOFP does offer hardship waivers and issued many to those who requested them.

Despite the dip in 2020 membership numbers, the 2021 membership cycle started strong over the last few months of 2020. To spur renewals, ACOFP offered bundled membership renewals with ACOFP '21 Virtual registration and OMTtotal subscriptions.



FUTURE LEADERS CONFERENCE HOSTS NEW PHYSICIAN AND RESIDENT LEADERS IN PHOENIX

The Future Leaders Conference, held January 17-19, in Phoenix, Arizona, hosted 20 residents and new physicians for a two-day interactive event, where they met with the ACOFP Board of Governors and four physician mentors to gain a greater awareness of volunteering and to hone their leadership skills. The conference teaches professional skills, such as understanding strengths and maximizing the strengths of others, leading and managing change, dealing with force and trends, leadership influences, prioritizing personal balance and the importance of becoming involved in ACOFP and other professional organizations. The Future Leaders Conference is hosted by ACOFP with additional support from the ACOFP Foundation.



SUPPORT FOR STATE SOCIETIES EXPANDS

In ACOFP's efforts to assess and increase support of ACOFP state societies, two benchmarking surveys were sent to the ACOFP state society executive directors (EDs). In June, a virtual meeting of all the EDs was held to present the survey results and discuss recommendations to collaborate with ACOFP on opportunities, such as data sharing, joint messaging and educational partnerships. The ACOFP Board of Governors provided feedback on the survey results and suggestions for state support moving forward. Based upon this input, a multi-year plan of support for state societies is being developed and implemented.

One new initiative is a quarterly webinar led by a professional speaker on a topic to assist state leaders with improving membership recruitment, retention and engagement.



ACOFP President Robert DeLuca, DO, FACOFP dist., demonstrates OMT on then President-Elect Nicole Bixler, DO, MBA, FACOFP, at the January FMLC event.

ACOFP HOSTS FAMILY MEDICINE LEADERSHIP CONSORTIUM PROGRAM CONFERENCES

ACOFP hosted two Family Medicine Leadership Consortium (FMLC) events and welcomed leaders from eight family medicine focused associations. The goal of this loosely affiliated group is to meet and to discuss advocacy, education, workforce and other issues challenging the specialty—ultimately looking to identify ways to align similar efforts and collaborate for maximum impact.

The future of family medicine, med tech, large health systems and ACGME were the topics addressed during the two programs. The first was held at a tech incubator in Phoenix in January 2020. The second FMLC meeting for the year was held virtually for the first time and was very well received. One hundred percent of respondents were satisfied or very satisfied with the virtual experience, as well as the overall agenda and program.

Here are a few comments from participants:

“Great preparation and communication from ACOFP! Enjoyed the personal touches—they make a difference!”

“Exceeded expectations in logistics, creativity, communication and depth of content.”

“Orchestration by the ACOFP. Everything ran smoothly. Creativity and fun added by ACOFP!”



FMLC

Family Medicine
Leadership Consortium



AUXILIARY PROVIDES CONTINUED MEMBER SUPPORT

In 2020, the Auxiliary to the ACOFP generously provided \$10,000 to ACOFP to help support student involvement in the Annual Convention. While the goal of 200 student registrants attending the conference in New Orleans was not possible due to its cancellation, approximately 50 students participated at a reduced cost in ACOFP '20 Virtual, courtesy of this support.

Given the unusual circumstances and cancellation of in-person meetings, the Auxiliary shifted focus in 2020, looking ahead to 2021 and ways to continue the excellent support they provide.

In 2020, the Auxiliary continued its tradition in highlighting excellence among students by presenting the 2020 Marie Wiseman Outstanding Student of the Year Award; three Emerging Osteopathic Leader Awards; and 25 Osteopathic Family Medicine Student Awards.



Athena Chatziagiannidis
Oklahoma State University College of Osteopathic Medicine

2020 Marie Wiseman Outstanding Osteopathic Student of the Year Award

This award, in memory of Marie Wiseman, recognizes an osteopathic medical student who demonstrates strong philanthropic and community service. This annual award provides one osteopathic medical student with \$5,000 to help defray medical school and/or personal expenses and affirms the recipient's activities and outstanding community service within the osteopathic family medical association. In a joint effort, ACOFP and the Auxiliary Awards Committee reviews applications and selects the recipient of the award.



American College of Osteopathic Family Physicians

April 8, 2020 · 🌐

Shout out to our exceptional student award winners! We are proud to announce our student chapter award winners and our auxiliary student award winners for the 2019–2020 academic year. Congratulations to all! <https://bit.ly/2Rn4CSj>



ACOFP.NET

Celebrating Student Excellence

ACOFP is proud of its exceptional student members and their com...

Emerging Osteopathic Leader Awards

ACOFP and the Auxiliary annually award \$2,500 to qualified emerging student leaders in osteopathic family medicine and ACOFP. These awards are intended to assist the students in defraying their medical school and/or personal expenses and to affirm the recipients' interest in association leadership.



Thomas W. Duffy
Oklahoma State University College of Osteopathic Medicine



Joe Li
Kansas State University College of Osteopathic Medicine



Shikha Patel
Rowan University School of Osteopathic Medicine

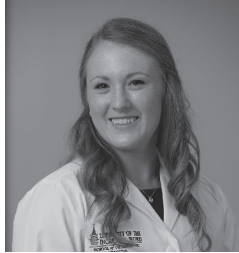
Osteopathic Family Medicine Student Awards

ACOFP and the Auxiliary annually award \$1,000 awards to qualified medical students who have indicated an interest in osteopathic family medicine and ACOFP. These awards are intended to assist the students in defraying their medical school and/or personal expenses.



Jessica Dede Bedele

Philadelphia College of Osteopathic Medicine



Victoria Marie Brucker

University of the Incarnate World School of Osteopathic Medicine



Marissa Bruno

A.T. Still University School of Osteopathic Medicine



Amanda Marie DiSabato

Ohio University Heritage College of Osteopathic Medicine, Athens



Joanna Durfee

Rocky Vista University College of Osteopathic Medicine, Southern Utah



James Wyatt Eikermann

A.T. Still University Kirksville College of Osteopathic Medicine



Trevor Evans

Michigan State University College of Osteopathic Medicine



Kathryn Forneris

Rocky Vista University College of Osteopathic Medicine, Southern Utah



Connie Lynn Ha

Touro University College of Osteopathic Medicine, California



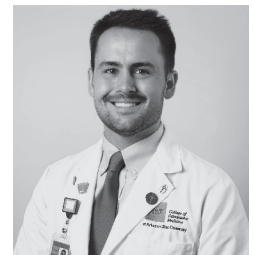
Kathryn A. Hawks

Lincoln Memorial University, DeBusk College of Osteopathic Medicine



Kimberly Lee Kin

Touro University College of Osteopathic Medicine, California



D. Tyler King

New York Institute of Technology College of Osteopathic Medicine



Alissa Laroche

Nova Southeastern University, College of Osteopathic Medicine



Luke Jaylen McFarland

Lake Erie College of Osteopathic Medicine, Bradenton



Seema Mehta

Michigan State University College of Osteopathic Medicine



Abbie Nistler

Edward Via College of Osteopathic Medicine, Virginia



Annie Phung

Philadelphia College of Osteopathic Medicine, Georgia



Nicole Randel

Des Moines University College of Osteopathic Medicine



Meaghan Roszyk

Philadelphia College of Osteopathic Medicine



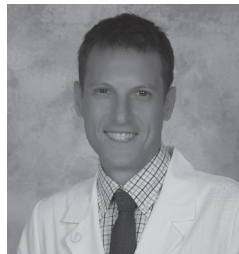
Andrew D. Sallavanti

Lake Erie College of Osteopathic Medicine



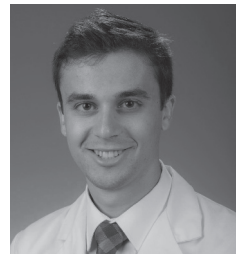
Aishwarya Sharma

Ohio University Heritage College of Osteopathic Medicine, Cleveland



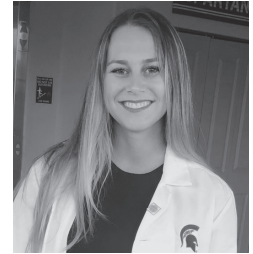
Ross Tanick

Rocky Vista University College of Osteopathic Medicine, Southern Utah



Gregory Turissini

Ohio University Heritage College of Osteopathic Medicine, Athens



Erika Tvedten

Michigan State University College of Osteopathic Medicine



Allison Marie Walen

Midwestern University, Arizona College of Osteopathic Medicine

3

Advocate for recognition and advancement of osteopathic family medicine.



ACOFP BOARD QUICKLY PRIORITIZES COVID-19 SUPPORT FOR MEMBERSHIP

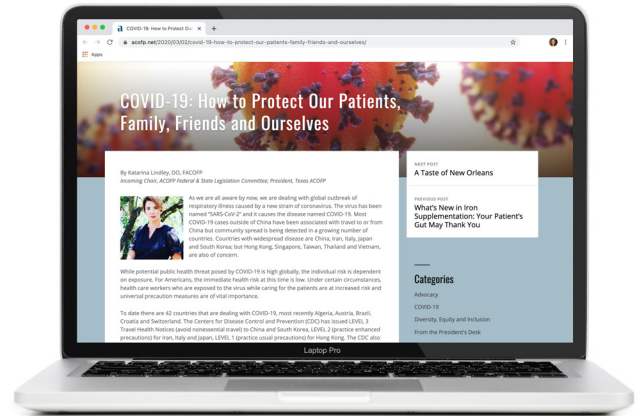
In response to COVID-19, ACOFP responded with concrete benefits intended to advocate on behalf of the membership. In addition to the Virtual Doctor's Lounges, ACOFP focused on the following member benefits:

- **Advocacy:** Since the pandemic started, ACOFP engaged the general membership in a letter-writing campaign, in which 1,012 letters were sent to 267 members of Congress. Alston & Bird also worked with members of ACOFP's Federal Legislation & Advocacy Committee to connect directly with their members of Congress to further advocate for members' needs during the pandemic

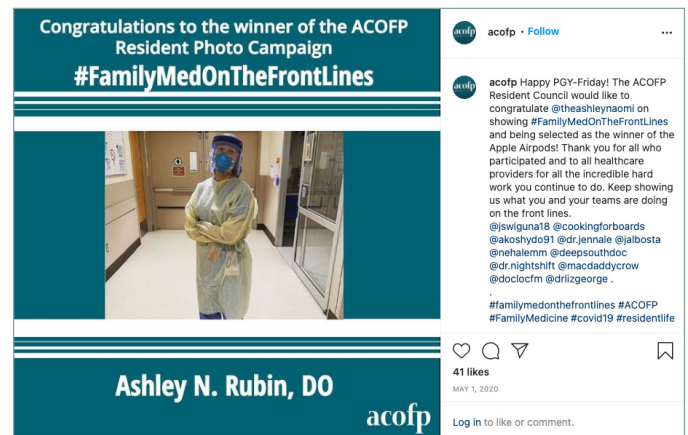


- **COVID-19 Resource Center:** ACOFP launched the COVID-19 Resource Center, providing a complete list of links to government agencies and medical news websites, as well as ACOFP-generated content, including more than 150 resources.

- **ACOFP blog:** To support member engagement, ACOFP solicited blog posts from members, particularly from the members of the Health & Wellness Committee, receiving 14 contributions specifically on COVID-19. The most popular blog article of 2020 was "COVID-19: How to Protect Our Patients, Friends and Ourselves" by Katarina Lindley, DO, FACOFP, with 720 total views.



- **Resident social media campaign:** In collaboration with the Resident Council, ACOFP launched the #FamMedontheFrontlines social media campaign on Instagram for residents to share their photos on the frontlines of the COVID-19 pandemic.



ACOFP ADVOCACY EFFORTS EXPAND

In addition to COVID-specific advocacy initiatives, ACOFP focused efforts on developing valuable content to equip members with the knowledge and understanding of key healthcare issues most relevant to them.

Over the course of the year, ACOFP presented two advocacy webinars for members, released two podcasts and contributed eight dedicated advocacy-related blog posts. The update on COVID-19 student loan relief was the #1 most viewed blog post on the ACOFP blog in 2020, with 5,443 views.

In 2020, ACOFP submitted 11 individual comment letters to government agencies and representatives and an additional four in partnership with other organizations. ACOFP also launched a letter-writing campaign, in response to the Centers for Medicare & Medicaid Service’s call for comments on the 2021 Physician Fee Schedule proposed rule, with 43 members submitting letters to the agency. Additionally, nine ACOFP members—including members of the Federal Legislation & Advocacy Committee—attended the virtual AOA Specialty College Fly-In in September.

- 2** Advocacy webinars
- 2** Podcasts
- 4** Comment letters in partnership with other organizations
- 8** Advocacy-related blog posts
- 9** ACOFP members participated in virtual AOA Specialty College Fly-In
- 11** Individual comment letters to government agencies
- 43** ACOFP members submit letters to Centers for Medicare & Medicaid Services



ACOFP PRESENTS PRINCIPLES OF HEALTH CARE SYSTEM REFORM

In February, ACOFP’s 2020 Principles of Health Care System Reform were approved by the Board and used to guide ACOFP action on policy over the course of the year. In December, the 2021 ACOFP Principles of Health Care System Reform were developed in partnership with Alston & Bird and reviewed by both the Federal Legislation & Advocacy Committee and the Task Force on Racism & Health. The principles include an increased focus on telemedicine and vulnerable populations.

“25X2030” INITIATIVE PROMOTES FAMILY MEDICINE

ACOFP continues to participate in the “25x2030” initiative with most of the organizations that are part of the FMLC. The collaborative goal is to have 25% of all physicians select family medicine by the year 2030. This committee is charged with developing collaborative strategies to help make that happen.

MEMBERS PROVIDE VALUABLE INPUT ON KEY INITIATIVES

In 2020, surveys were used to connect with the needs of the ACOFP family and are being used by the Board and relevant committees.

In February, the ACOFP Education Needs Assessment Survey was sent to members focusing on types of ACOFP educational activities in which members participate, time spent learning about a topic, deciding factors in selecting an activity and more. ACOFP received 1,475 responses with a 14% response rate. Another key survey sent to ACOFP members was the Task Force on Convention Innovation Survey. This survey garnered 1,700 responses, with an approximate 5% response rate.

ACOFP ENHANCES ONLINE MEMBER EXPERIENCE

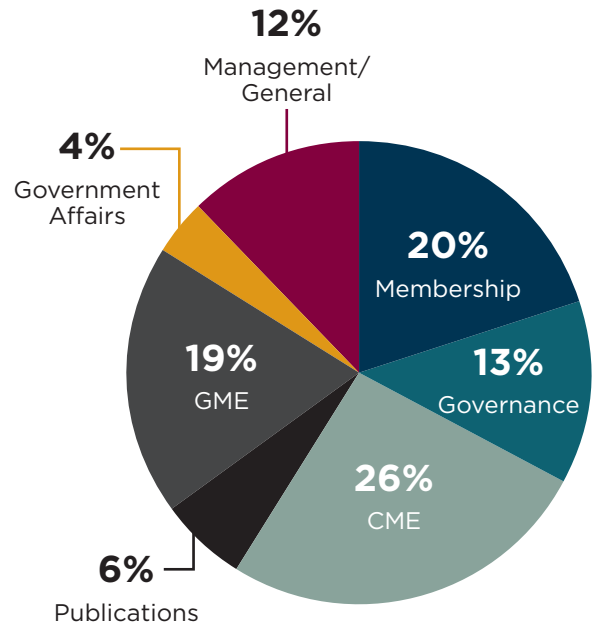
To help facilitate the online experience for members, the member join and renewal interface was updated. Members now have the option of setting up automatic withdrawals to pay dues on a quarterly, semi-annual or yearly basis. Work also began on launching a new search engine for acofp.org that will enhance the user experience with more targeted and relevant search results.

ACOFP ADDS TO RESERVES AND GIVES TO FOUNDATION

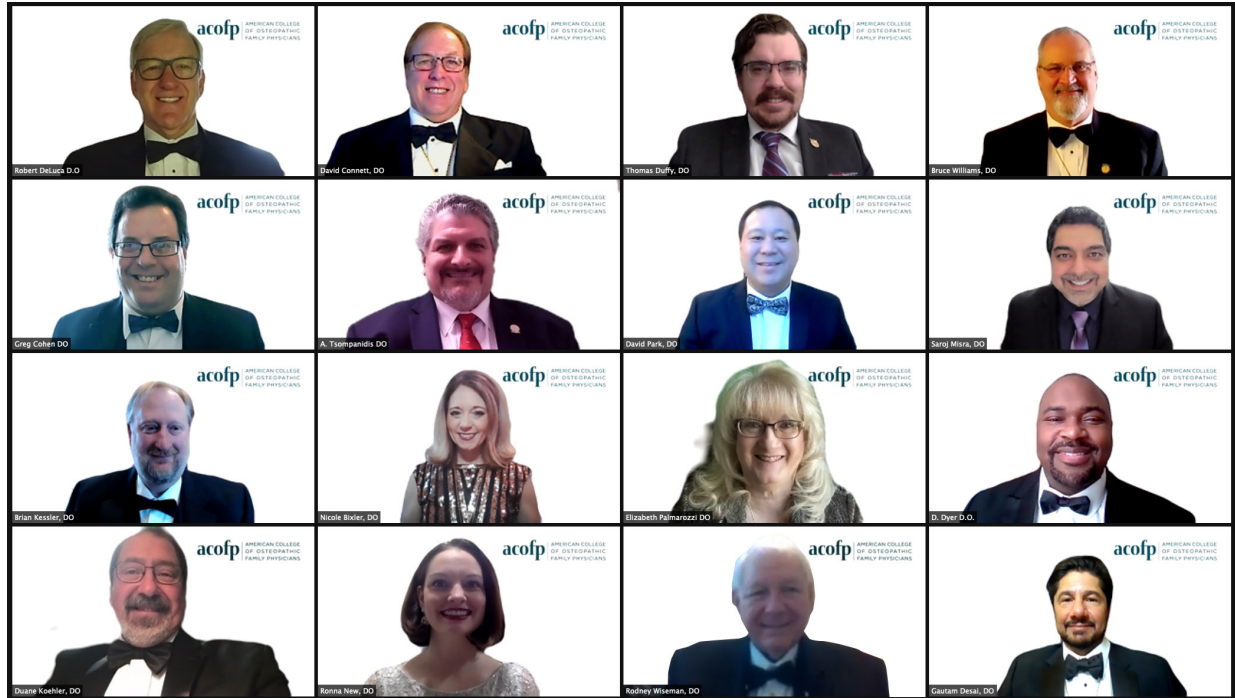
Despite the effects of the pandemic, ACOFP weathered the storm well on many levels, including its finances. With the foresight to add a communicable disease rider to ACOFP's insurance policy, the cancellation of the in-person ACOFP '20 was fully covered.

Understandably, many members were unable to renew their dues in 2020, which negatively affected this revenue. However, with the ability to scale back expenses and grow ACOFP's online programming, ACOFP ended the year with more than a \$1M surplus after giving the ACOFP Foundation both a \$400,000 operational support grant and another \$150,000 to support the Initial Certification Grant.

2020 ACOFP Expenses: 88% of expenses were allocated for direct member support.



On behalf of the ACOFP Board of Governors and staff: Thank you for all you DO!





acofp  EDUCATION &
RESEARCH FOUNDATION

2020
Annual Report

While 2020 brought about many unforeseen challenges, our community of osteopathic family physicians united to help grow the ACOFP Education and Research Foundation to new heights. The ACOFP Foundation achieved all-time highs in many categories, including number of dollars raised, number of grants provided and number of organizational partnerships developed. Last year was a testament to what our ACOFP family and friends can do when we band together for the greater good to help ensure osteopathic distinctiveness.

ACOFP and Foundation leadership are both committed and very passionate about doing all that we can to support osteopathic family physicians and to ensure their dedication to the osteopathic principles and practice we know to be critical to the success of the care we provide. It was from this intention that the ACOFP Foundation created the Initial Certification Fund to remove the barrier of board certification costs, especially when it comes to taking the practical exam.

As you are likely aware, the American Osteopathic Board of Family Physicians (AOBFP) has made several changes over the last few years—one of them making the practical exam optional for first time applicants. Given this option, the ACOFP Foundation wanted to help encourage residents to sit for the practical when they initially certify, especially because this exam is no longer needed for recertification once it has been passed.

The second factor at play has been the changes to single accreditation and many DO members losing their residency program director roles to colleagues less familiar (or supportive) of osteopathic board certification. For residents in programs not supportive of the osteopathic board certification pathway, this fund will provide much needed support to make this option viable, removing any real or perceived barriers to demonstrating their passion and commitment to the osteopathic medicine.

As you will read in this report, many partners have come together to collaboratively help support osteopathic family medicine and ensure its distinctiveness and impact on the care of our respective communities for years to come. I would like to especially thank ACOFP for its continued and generous support of the Foundation. In 2020, ACOFP provided \$550,000 in contributions to support the Initial Certification Fund and ensure additional needed operational resources needed to maintain and grow these important efforts for the next few years.

As we enter another year of uncertainty, we know our work remains as important as ever. If you have supported the ACOFP Foundation in 2020 and/or years before—thank you! If you have not, I hope you will consider lending your support in 2021. We have our work cut out for us, but working together, anything is possible.



Paul Martin,
DO, FACOFP *dist.*
ACOFP Education
& Research
Foundation
President,
2020-2022

ACOFP Education & Research Foundation Goals

PROMOTING osteopathic family
physician leadership

ADVOCATING for greater awareness of
osteopathic family medicine principles
and practices

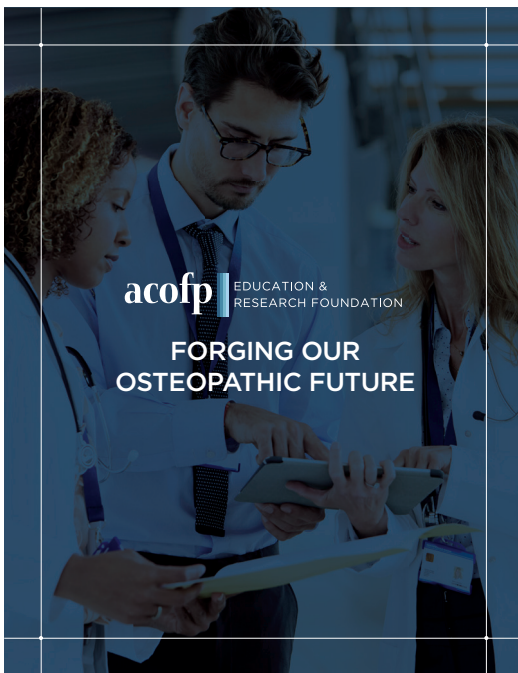
IMPROVING public health

FORGING OUR OSTEOPATHIC FUTURE CAMPAIGN HITS ITS STRIDE 2020

In 2019, the ACOFP Foundation introduced the Forging Our Osteopathic Future campaign, chaired by Carol L. Henwood, DO, FACOFP *dist.*, to fund initial certification grants for third-year residents seeking AOBFP cognitive and practical certification.

While fundraising began in 2019, it really took off in 2020. Nearly \$325,000 was pledged from 129 member donors and \$200,000 from 19 organizational partners over the course of 2020, specifically for Initial Certification Grants.

In addition to the commitments made directly to the Forging Our Osteopathic Future campaign, more than 2,100 ACOFP members contributed \$57,266 to the ACOFP Foundation when renewing their membership dues. As of December 31, the ACOFP Foundation had raised \$1,425,904 toward its \$2,000,000 campaign goal.



Thank You to Our Foundation Ambassadors

None of the unprecedented programmatic or fundraising accomplishments in 2020 would have been possible without the efforts of the loyal Foundation Ambassadors. These individuals played a major role in taking the ACOFP Foundation to new heights.

- Andrew D. Adair, DO, FACOFP
- Larry W. Anderson, DO, FACOFP *dist.*
- Nicole H. Bixler, DO, FACOFP
- Greg D. Cohen, DO, FACOFP *dist.*
- Robert C. DeLuca, DO, FACOFP *dist.*
- Gautam J. Desai, DO, FACOFP *dist.*
- Kevin V. de Regnier, DO, FACOFP *dist.*
- Eugene M. DiBetta, Jr., DO
- Joel M. Feder, DO, FACOFP *dist.*
- Paula Gregory, DO
- Joan M. Grzybowski, DO, FACOFP
- Kenneth Heiles, DO, FACOFP *dist.*
- Carol L. Henwood, DO, FACOFP *dist.*
- Brian A. Kessler, DO, FACOFP
- Harald Lausen, DO, FACOFP *dist.*
- Paul A. Martin, DO, FACOFP *dist.*
- Dewey R. McAfee, DO, FACOFP
- Rance L. McClain, DO, FACOFP
- Saroj Misra, DO, FACOFP
- Joseph P. Molnar, DO, FACOFP *dist.*
- David J. Park, DO, FACOFP
- Sean P. Perrine, DO
- Steven F. Rubin, DO, FACOFP *dist.*
- George T. Sawabini, DO, FACOFP *dist.*
- Thomas N. Told, DO, FACOFP *dist.*
- Bruce Williams, DO, FACOFP

INAUGURAL INITIAL CERTIFICATION GRANT PROVIDES FUNDING SUPPORT FOR RESIDENTS THROUGHOUT THE UNITED STATES

In 2020, the ACOFP Foundation awarded 100 Initial Certification Grants to qualifying third-year osteopathic family physician residents from 22 states (and Washington, D.C.). Additionally, the Foundation provided support to ACOFP to fund the costs for 1,659 residents taking the ISE+ exam.

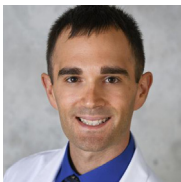
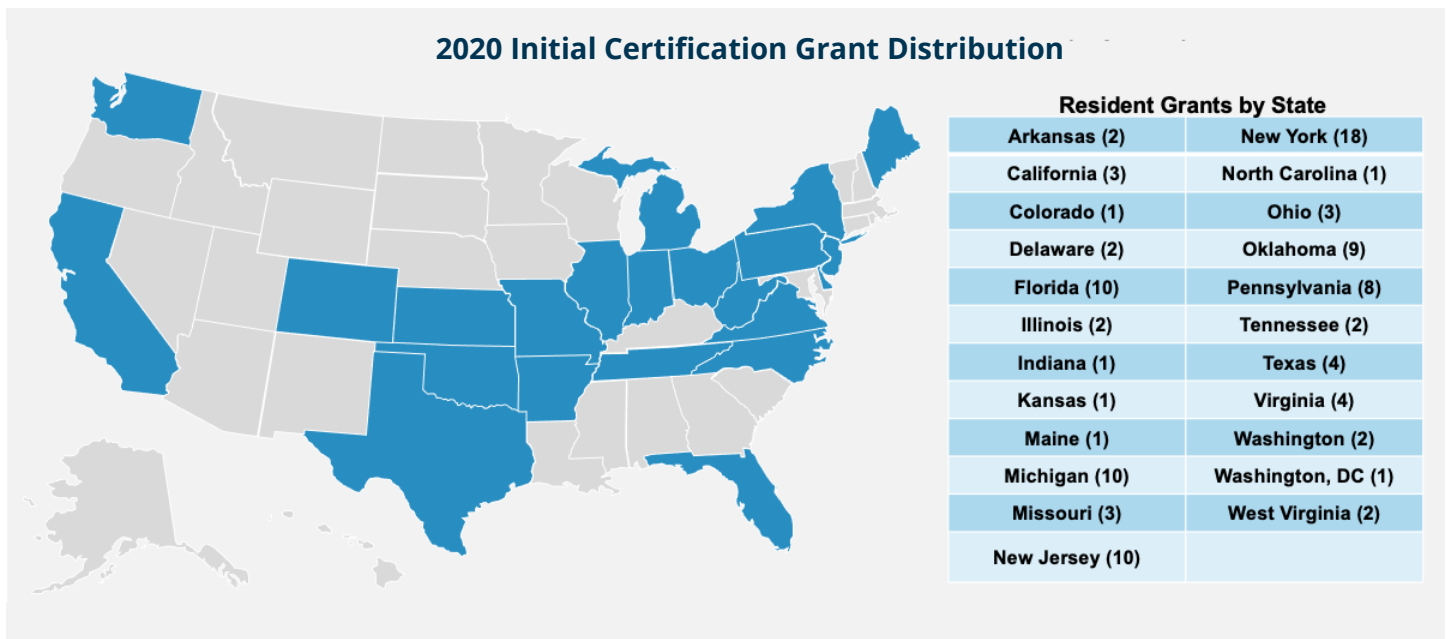
INITIAL CERTIFICATION GRANT OPPORTUNITY FOR RESIDENTS



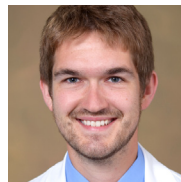
SPRING 2020 APPLICATION DEADLINE:
February 14, 2020



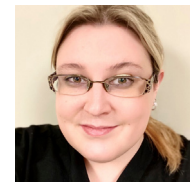
acofp EDUCATION & RESEARCH FOUNDATION



“As a resident, the financial burden is high, and it means a lot to have the Initial Certification Grant available to offset certification costs. It also encourages residents to pursue the osteopathic route rather than the allopathic. To promote the uniqueness of osteopathy.”
—Jason Fauchex, DO



“Thank you for the Initial Certification Grant for the board certification funds. This program makes a huge difference to us, knowing there are people out there helping us to reach our dreams.”
—Ryan Hunley, DO



“Thank you to the ACOFP Foundation and to all of the donors sponsoring the Initial Certification Grant. Now, not only am I going to be able to take my written exam, but I can also afford to attend the conference and get my own certification.”
—Jennifer Reink, DO



FOUNDATION CONTINUES SUPPORT FOR ANNUAL ACOFP FUTURE LEADERS CONFERENCE

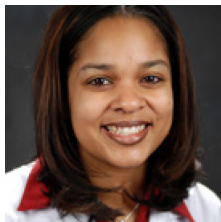
The ACOFP Foundation provides a financial grant to ACOFP to help fund the Future Leaders Conference. The conference is designed for outstanding new physicians (five years or fewer in practice) and residents who are interested in achieving a greater awareness of their leadership style and its impact on their professional performance. New physician and resident participants left with a better understanding of their leadership techniques and more prepared to effectively manage their patients. Twenty future leaders and four mentors participated in the conference in January 2020 in Phoenix, Arizona.

2020 Future Leaders Conference Participants

- | | |
|-------------------------|---------------------------|
| Elizabeth Balyakina, DO | Janna Quiling, DO |
| Thomas Cawood, DO | Sean Quionez, DO |
| Tina Chuong, DO | Erika Snyder, DO |
| Rachel Denny, DO | James Starrett, DO |
| Elizabeth George, DO | Justine Suba-Cohen, DO |
| Andrew Hamilton, DO | Danielle Timmons, DO |
| Nicole Hardman, DO | Kevin Volkema, DO |
| Sean Johnson, DO | Stacy Chase, DO, FACOFP |
| Stephanie Kidd, DO | (Mentor) |
| James Lester, DO | Sean Perrine, DO (Mentor) |
| Madeleine McMill, DO | Hilary Haack, DO (Mentor) |
| Eric Noh, DO | Rachel Young, DO (Mentor) |
| Nina Oberschmidt, DO | |



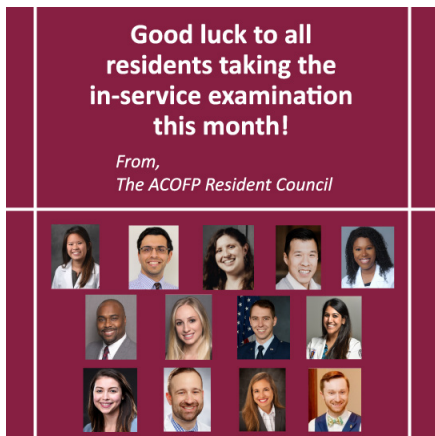
2020 Future Leaders Conference participants



“I was in the inaugural class of the Future Leaders Conference and had the opportunity to be mentored by women in ACOFP who were making big strides in the organization and profession. I have since become a Fellow of ACOFP, served on the Executive Board of MAOFP, and most recently became the program director of a family medicine residency! The Future Leaders program is invaluable.”
—Teniesha Wright-Jones, DO, FACOFP



“My experience at the Future Leaders Conference served as the starting point for my involvement in ACOFP. The workshops and networking led directly to my participation on the Resident Committee, the inaugural Resident Council and the New Physicians Committee. This conference empowered me to become a mentor to others in our field.”
—Kari Beth Watts, DO



FOUNDATION & ACOFP LAUNCH MATCHING EDUCATION GRANT FOR RESIDENTS

In partnership with ACOFP, the Foundation provided matching educational grants of \$25 per resident taking the ISE+, which is the most osteopathically robust formative assessment, 1,659 residents representing 163 programs benefited from this support.

MASTER PRECEPTORS GAIN RECOGNITION

The ACOFP Foundation continued to support the mission and goals of the ACOFP Preceptorship Committee to identify and educate high-quality preceptors to promote excellence and innovation in the education of osteopathic medical students and to enhance the student's interest in osteopathic family medicine by providing faculty development programs, as well as learning modules for adjunct and part-time clinical educators. Unfortunately, the program was rescheduled due to the cancellation of ACOFP '20.

The 2020 Master Preceptor virtually recognized preceptors for their sustained commitment to excellence in the training, education and mentoring of osteopathic medical students in osteopathic family medicine. The 2020 recipients include: Saroj Misra, DO, FACOFP; Andrea M. Nazar, DO; Jean S. Rettos, DO; Sonia Rivera-Martinez, DO, FACOFP; and Leslie Sorweide, DO.

ACOFP RECOGNIZES EXCELLENCE IN THE PROFESSION THROUGH AWARDS PROGRAMS

Sander A. Kushner, DO, FACOFP, Memorial Osteopathic Family Medicine Resident Award

Sander A. Kushner, DO, FACOFP, had a passion for osteopathic family medicine and a commitment to teaching. His legacy and impact on osteopathic medicine is evident through the physicians whom he trained and the colleagues with whom he worked, but most importantly with the communities where he practiced. This award recognizes outstanding academic achievement and motivation for careers in osteopathic family medicine, continuing Dr. Kushner's legacy. The 2020 recipient was Stephanie S. Kidd, DO, MBA, from Reid Health in Richmond, Indiana.

Namey/Burnett Preventative Medicine Writing Awards

This award chooses the best preventative medicine blog posts submitted by osteopathic family medicine students, interns and residents. This award, supported by the Foundation and ACOFP, honors the memories of Joseph J. Namey, DO, FACOFP, and John H. Burnett, DO, FACOFP, who were dedicated advocates for osteopathic family medicine. Nominations are solicited from residency programs, COMs and the general student and resident membership, with the final selection made by the ACOFP Health & Wellness Committee. The 2020 recipients were:



- **First Place:** *For Diabetics, Exercise Is Medicine* by Eric Yuschak, DO, PGY-2; Stacy Chase, DO; Furqan Haq, MD
- **Second Place:** *Cervical Cancer: Being Proactive with Preventative Pap Smears* by Maura Fox, OMS-III
- **Third Place:** *What's New in Iron Supplementation: Your Patient's Gut May Thank You* by Anna Augustin, DO

Forging Our Osteopathic Future: Organizational Donor Honor Roll

Diamond Partners (\$100,000+)

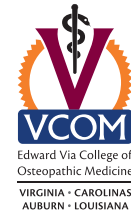


Gold Partners (\$25,000+)



Pennsylvania Osteopathic Medical Association

Silver Partners (\$10,000+)



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Forging Our Osteopathic Future: Individual Donor Honor Roll

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