



# 2023 ANNUAL REPORT

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**acofp** | AMERICAN COLLEGE  
OF OSTEOPATHIC  
FAMILY PHYSICIANS

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2023 featured a strong annual convention, a robust range of CME offerings, and unprecedented expansion of our grant capacity and partnerships.

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FOUNDATION  
ANNUAL REPORT**

2023 marked a significant year for the ACOFP Foundation. Our dedicated supporters played a crucial role, enabling us to achieve the objectives of the *Forging Our Osteopathic Future* Campaign one year earlier than anticipated. The Foundation remains committed to promoting osteopathic medicine and is setting the stage for an even greater influence on the future of the profession.

# STRATEGIC PLAN 2020-24



## MISSION

The mission of the American College of Osteopathic Family Physicians is to promote excellence in osteopathic family medicine through quality education, visionary leadership and responsible advocacy.



## VISION

The vision of the ACOFP is to be the professional home for all individuals with a commitment to osteopathic primary care.



## CORE VALUE

**ACOFP is your:**

- P**rofessional family
- A**dvocate for the profession and patients
- T**rustworthy resource
- H**ome for family medicine and osteopathic distinctiveness

## GOALS



**WE DO THIS BY BEING:**

ACCESSIBLE | INNOVATIVE  
INCLUSIVE | DIVERSE | PASSIONATE

### Enhance and support lifelong learning along the education continuum in osteopathic family medicine.

- Increase student knowledge of osteopathic family medicine.
- Enhance the professional development of family medicine residents.
- Enhance CME access and scope.
- Increase scholarly activities in osteopathic family medicine.

### Strengthen and advance our membership, governance, operations and resources.

- Maximize organizational effectiveness.
- Augment and optimize technology and communications.
- Increase member engagement.

### Advocate for recognition and advancement of osteopathic family medicine.

- Increase education about the value of osteopathic family medicine.
- Increase legislative impact.
- Maximize member involvement.

# FROM THE ACOFP PRESIDENT



**David J. Park, DO, FACOFP dist.**  
2023–24 ACOFP President

In this year's ACOFP annual report, I am pleased to share with you our ongoing efforts to connect, engage, and grow as a community. Three core priorities have shaped our endeavors in 2023: enhancing membership engagement, expanding collaborations internally and externally, and driving membership growth.

Our commitment to strengthening connections within the ACOFP family remains unwavering. The bond we share as osteopathic family physicians, residents, and students is the cornerstone of our organization. Board members and I have had the honor to visit many state society meetings and student chapter gatherings during my term as president, during which we sought to foster connections and gain valuable insights from you, our dedicated members. We are excited to continue these interactions, embracing the collective wisdom and diverse perspectives that make our community vibrant and strong.

At the heart of our success as an organization is the engagement and involvement of our members. To this end, we have prioritized initiatives that enhance your participation. We are dedicated to creating more opportunities for you to engage with ACOFP events and initiatives, offering platforms for knowledge sharing and networking, and providing support for your professional development. Your active involvement is key to shaping the future of our profession, and together, we can continue to elevate osteopathic family medicine.

Externally, we recognize the importance of partnerships and alliances. Collaborating with other organizations amplifies our impact and advances osteopathic family medicine. As we work closely with leaders in organized medicine, our aim is to bring about positive change and promote the values of our profession on a broader scale. Together, we are shaping the future of healthcare.

The growth of our organization is essential for expanding our influence and improving healthcare. We are committed to expanding our membership base, diversifying our membership, particularly in leadership roles, and raising our profile within the communities we serve. I am proud to report that we have gained over a thousand members since last year with total membership exceeding 26,000 ACOFP members!

We were honored this year to receive the 2023 AOA Organizational Diversity, Equity, and Inclusion (DEI) Unification Award, and we continue to work on achieving full implementation of the 2021 DEI Task Force recommendations. A strong and vibrant organization empowers us to better serve our members and, ultimately, the patients under our care. Your support in encouraging family physicians in your network to join ACOFP is invaluable in this regard.

As we embraced the theme of legacy, we are inspired by the work of past presidents and excited about the achievements and growth of our current and future leaders. Many of these achievements were highlighted in our publications and on our social media platforms. We are forging our future by actively incorporating new technologies, innovation, and medical knowledge. Ultimately, we are making a positive impact on healthcare and wellness for our patients and ourselves.

In closing, I extend my heartfelt appreciation to each of you for your commitment to the ACOFP community and for our collective accomplishments. Your engagement drives our success, and together, we are achieving new heights!

Professionally Yours,

David J. Park, DO, FACOFP dist.  
2023–24 ACOFP President



Watch the I Am Legacy video featuring ACOFP members.

# FROM THE EXECUTIVE DIRECTOR



**Bob Moore, MA, MS, FASAE, CAE**  
Executive Director, ACOFP  
and the ACOFP Foundation

**R**electing on 2023, I am immensely proud to share the strides and accomplishments that have continued to advance the mission of the American College of Osteopathic Family Physicians and support our members and the patients you serve.

Throughout this year, our commitment to fostering external collaborations has yielded exceptional results, amplifying our impact in advancing osteopathic family medicine. The acquisition of major grants, notably the Opioid Analgesic Risk Evaluation and Mitigation Strategies (REMS) grant for opioid education and the American Board of Family Medicine grant, has fortified our mission to drive our key initiatives forward. Moreover, our educational partnerships with organizations such as the American Medical Association and American Diabetes Association have broadened ACOFP's horizons, fostering a wealth of new learning opportunities for the ACOFP community and beyond.

Another collaboration launched in 2023 is the Corporate Council Roundtable program, which creates closer relationships with industry partners. During the pilot year, we worked with 8 industry leaders to shape this program to be of benefit both to them and to ACOFP members.

The cornerstone of our success lies not only in these partnerships but also in our internal strength – our members. We met our ambitious membership goals for 2023, boasting an 89% membership renewal rate and adding 264 new members. The outlook for the future is also bright, with a record-breaking number of students (286) attending ACOFP '23, as well as 243 residents. This convention participation speaks volumes about our appeal to the next generation of healthcare leaders. We will continue our ambitious efforts to expand membership in 2024, with proactive outreach to new audiences.

At the same time, we are investing in technology to improve your membership experience and streamline operations. We launched a year-round mobile app, ACOFP 365, this year, with access to a plethora of ACOFP resources at your fingertips, including connection with colleagues and OMTotals videos (a free member benefit that started in October). In 2024, a new, fully updated website will make it easier than ever to take advantage of your member benefits and find what you need from ACOFP. We are committed to harnessing technology for the betterment of our community through creating a convenient and intuitive experience.

The road leading to ACOFP's 75th anniversary in 2025 will be a time for both reflection and a new surge of energy. We will use this time to recognize our achievements and celebrate our journey while also setting the stage for a future brimming with promise. Our vision remains steadfastly focused on both the legacy we are collectively creating and how that will shape the future of primary care - specifically osteopathic family medicine.

The ACOFP Foundation also has its sights firmly focused on supporting the future of osteopathic family medicine. Hitting the \$2 million Initial Certification Fund campaign goal a year early is a testament to the community's desire to support a growing pipeline of family physicians committed to practicing osteopathically. Additionally, the inception of the new Auxiliary Journeys grant underscores our ongoing dedication to eliminating barriers to involvement for students and residents.

Your support and active participation are invaluable. Your dedication to ACOFP and the field of osteopathic family medicine continue to be the driving force behind our success.



Throughout this year, our commitment to fostering external collaborations has yielded exceptional results, amplifying our impact in advancing osteopathic family medicine.

I want to thank the ACOFP Board, the hundreds of volunteers and subject matter experts and staff who make a difference every day on your behalf. And thank you for your commitment, passion, membership and engagement in the ACOFP family. Together, our united efforts continue paving the way to an even more successful 2024 for our community.

Wishing you all another year ahead filled with prosperity, good health, and unparalleled impact.

**Bob Moore, MA, MS, FASAE, CAE**  
*Executive Director, ACOFP  
 and the ACOFP Foundation*

## BOARD OF GOVERNORS

**David J. Park, DO, FACFP *dist.***  
*ACOFPP President*

**Greg D. Cohen, DO, FACFP *dist.***  
*ACOFPP Vice President*

**Bruce R. Williams, DO, FACFP *dist.***  
*ACOFPP Immediate Past President*

**Brian A. Kessler, DO, FACFP *dist.***  
*ACOFPP President-Elect*

**Gautam J. Desai, DO, FACFP *dist.***  
*ACOFPP Secretary/Treasurer*

**Nicole H. Bixler, DO, MBA, FACFP *dist.***  
*ACOFPP Past President*

**Bob Moore, MA, MS, FASAE, CAE**  
*Executive Director*

**Peter F. Bidey, DO, FACFP**  
*Governor*

**David A. Connett, DO, FACFP *dist.***  
*Governor*

**Traci-lyn Eisenberg, DO, FACFP**  
*Governor*

**Rebecca D. Lewis, DO, FACFP**  
*Governor*

**Saroj Misra, DO, FACFP *dist.***  
*Governor*

**Derrick J. Sorweide, DO, FACFP**  
*Governor*

**Heather Shanks, DO**  
*Resident Governor*

**George Tong Yang, OMS-III**  
*Student Governor*

**Elizabeth A. Palmarozzi, DO, FACFP**  
*Speaker*

**Antonios J. Tsompanidis, DO, FACFP**  
*Vice Speaker*

## SECTION 1: ENHANCE AND SUPPORT LIFELONG LEARNING

In 2023, ACOFP explored innovative lifelong learning options to better serve our members and stay relevant in today's competitive environment. The 60th Annual Convention & Scientific Seminars in Orlando garnered record-breaking attendance numbers. The hybrid and virtual CME opportunities and an emphasis on diverse speakers earned high praise from attendees.

ACOFP's pursuit of educational partnerships and grant opportunities paid off in 2023, with a wide array of new and deepening educational partners. We continued and expanded our contributions to in-person events like OMED and the Direct Primary Care Summit, and created new eLearning content in the areas our members say are most important.

**“The on-demand and recorded presentations are so valuable! So many times during conferences, more than one presentation that I'd like to hear/attend is being given at a one time and I have to choose. With these options, I was able to attend every presentation!”**

—Attendee Evaluation



ACOFP 23 Recap Video

# ANNUAL CONVENTION

### ACOFP '23 PARTICIPANTS

**2,309** Total  
**1,275** In-Person  
**1,034** Virtual

### Most Magical Place on Earth Scores Record-Breaking Hybrid Convention Attendance

ACOFP '23 had almost twice as many in-person attendees as 2022 while retaining a strong hybrid aspect, incorporating our first livestreamed room. The educational program featured 81 sessions and 93 speakers. A virtual graphic illustrator captured key themes and messages during the conference.



O'Connor Blog



## Highly Rated Aspects of ACOFP '23

**OVERALL RATING OF EVENT:**  
4.17 OUT OF 5

**ON-SITE REGISTRATION EXPERIENCE:** 4.39 OUT OF 5

**DIVERSITY OF SPEAKERS:**  
4.32 OUT OF 5

**PRESIDENT'S RECEPTION:**  
4.28 OUT OF 5

### LEARNING BY DOING!

At ACOFP '23, we launched two new workshops: pediatrics and podiatry. We also launched the OMT Next Level Curriculum, which continued at OMED. This curriculum fulfills AOBFP's Osteopathic Continuous Certification requirement for OMT.

**"This was the best virtual CME ever by ACOFP. The wide variety of CME was fantastic and some of the speakers were exceptional!"** — Attendee Evaluation

**OVERALL EDUCATION RATING:**  
4.18 OUT OF 5 ★★★★★

**EASE OF OBTAINING CME:**  
4.24 OUT OF 5 ★★★★★

### KEYNOTE FROM DR. KEVIN O'CONNOR

Another focus at the conference was our strong tradition of military members. Dr. Kevin O'Connor, physician to President Biden, gave a keynote, sharing leadership lessons and drawing on his history in the military.

### SUPPORT FROM ACOFP AUXILIARY

The Auxiliary to the American College of Osteopathic Family Physicians (AACOFP) sponsored day care at the annual convention, which was very popular with attendees. They also held the auxiliary happy hour, and Cookies and Milk with the ACOFP Auxiliary.

**"So thankful to have had on-site child care!"** — Attendee Evaluation

### INCLUSIVE PROGRAMMING

Many of this year's sessions were dedicated to promoting diversity, equity, and inclusion (DEI) in healthcare. Participants expressed their commitment to an inclusive and supportive environment by wearing LGBTQIA+ pins and ribbons, as well as new pronoun ribbons. ACOFP is actively working towards a future where every individual feels seen, heard, and valued within the healthcare industry.

**"Since I started attending conferences in 2004, this by far has been my favorite conference, specifically because of the content regarding diversity."** — Attendee Evaluation



### THE POWER OF NETWORKING: THE ACOFP EXHIBIT HALL

The exhibit hall encouraged interaction and knowledge sharing. One of the highlights was the ACOFP photo opportunity, where participants had the chance to capture memories of their time at the conference. The pharma industry made a strong comeback to the show floor, providing attendees with access to the latest advancements in pharmaceuticals.

**"Thank you for an incredible experience and a wonderful opportunity to network with our colleagues."** — Attendee Evaluation



### BUILDING TOWARDS THE FUTURE

ACOFP had record student attendance of 195 in-person and 91 virtual participants. The two-day educational program offered an abundance of opportunities for students to connect with their peers and family medicine physician leaders. It concluded with the new Mini Procedural Workshop Fair, where students had the opportunity to participate in hands-on training sessions in small groups.

At the Student Roundtable Lunch, future leaders engaged in meaningful discussions with influential figures in the healthcare industry. This dynamic exchange of ideas empowered students to chart their path towards success.

## SECTION 1: ENHANCE AND SUPPORT LIFELONG LEARNING

### Empowering Our Community Through Service

ACOFP and the Student Association of ACOFP raised support for two local important causes: Conservation Florida and the onePulse Foundation's Legacy Scholarships Campaign. These two causes represented our commitment to making a positive impact on the local community in the cities we visit.



Conservation Florida is a statewide land conservancy dedicated to the preservation of Florida's natural and agricultural landscapes. The onePulse Foundation's Annual Legacy Scholarships Campaign was established in remembrance of the tragic events that took place at the Pulse nightclub, where 49 lives were tragically lost. In collaboration with the families and loved ones of the victims, the Foundation has created 49 Legacy Scholarships, each tailored to reflect the respective victims' interests, career aspirations, or passions.

All tickets sales for the LGBTQIA+ Reception went to support the AOF Jeffrey Grove, DO, LGBTQ+ Pride Scholarship, awarded to a student who is committed to better understand and address the unique healthcare needs of the LGBTQ+ community and how such needs can be addressed through osteopathic medicine. The ACOFP Foundation contributed \$10,000 to this initiative.



### 2023 SCIENTIFIC POSTER PRESENTATION WINNERS

New in 2023, posters were presented in a hybrid format, with some in-person and some online, providing greater access to our members' work.

#### Resident: Original Research

**1st Place:** Jaclyn Sylvain, DO  
*Assessing Attitudes of Homelessness using Street Medicine Curriculum in Family Medicine Residency*

**2nd Place:** Justin Chin, DO  
*Quality Improvement in Diabetic Retinopathy Screening: Bridging the Gap with Tele-Ophthalmology*

**3rd Place:** Christine Lomiguen, MD  
*Osteopathic Manipulative Treatment for Chronic Pain: Patient Reservations in Underserved Community*

#### Student: Original Research

**1st Place:** Sarah Fox, OMS-IV  
*Investigating the Mechanism of Prolotherapy: The Fibroblast Response to Dextrose in Vitro*

**2nd Place:** Luis Acevedo, OMS-IV  
*Insulin as a Predictor of 5-Year Type 2 Diabetes Risk: CARDIA Cohort Analysis*

**3rd Place:** Brianna Nghiem, OMS-III  
*Patient Perception of the Semantics of Medical Students: Am I a Medical Student or a Student Doctor?*

#### Case Reports

**1st Place—Resident:** Suhaira Choudhry, DO  
*Pyoderma Gangrenosum: Sterile but Serious*

**1st Place—Student:** Khanh Nguyen, OMS-IV  
*A Rare Case of Synchronous Familial Adenomatous Polyposis and Endometrial Carcinoma*



## ACOF Education Continues to Lead the Way in Innovation

ACOF's year-round educational offerings continued to grow in 2023, with an emphasis on partnerships and on providing content on the topics of most interest to our members. ACOFP had a strong presence at several events, contributing as a thought leader in our areas of expertise. We also explored new ways of delivering educational content, moving away from lecture-based formats and experimenting with new features like augmented reality/virtual reality technology.

### **EMPOWERING EDUCATORS: INNOVATIONS IN FACULTY DEVELOPMENT**

At the Faculty Development and Program Directors Workshop (which took place virtually on January 27-29), national speakers discussed important developments in the field, such as the AOBFP Initial Primary Certificate Update. They also touched

upon the significance of formative osteopathic assessments for family medicine residents. Additionally, there was a session dedicated to informing attendees about the revised common program requirements of the AGCME.

One vital aspect of the workshop was a focus on creating an environment of well-being for both faculty members and residents. This included addressing mental health, work-life balance, and strategies for promoting overall well-being within the academic setting.

### **OMED CONTENT EXPLORES NEW PATHWAYS**

At OMED '23, which took place October 6-8 in Orlando, ACOFP took the lead on sessions including a session on opioid use disorder which incorporated augmented reality/virtual reality technology, part of

our goal to explore new ways of delivering educational content. ACOFP provided over 25 hours of educational content, both independently and in partnerships with 5 other organizations.

### **ACOF INCREASES PRESENCE AT DPC SUMMIT**

ACOF expanded its role at the Direct Primary Care Summit, which took place June 15-18 in Minneapolis, MN. ACOFP was responsible for the hands-on learning at the summit, which featured several sold-out workshops on topics such as OMT, point of care ultrasound, wound care, and joint injection.

## SECTION 1: ENHANCE AND SUPPORT LIFELONG LEARNING

### Over 100 Hours of New On-Demand CME Added to eLearning Center in 2023

ACOFP is committed to providing the latest, most important medical education, as well as tangible member benefits through **free and discounted CME**. New free, on-demand content covers the updated 2023 Standards of Care in Diabetes, outpatient therapies to prevent severe COVID-19, continuous glucose monitoring through the patient perspective, and an overview of the osteopathic pathway for members.



Diabetes CME Bundle

Through partnerships we've also been able to provide a series of important, free education courses on lifestyle medicine, diabetes

technology, and type 1 diabetes, with more partner content scheduled in 2024. ACOFP still features two CME certificates which were launched in 2022, focused on diabetes and digital health, with the diabetes program undergoing a content update during the summer of 2023 to bring learners the latest information on providing comprehensive care to their patients with diabetes.

Starting in October 2023 with membership renewal, all ACOFP members will have access to the important resource OMTtotal as a member benefit. This collection of over 150 videos serves as a quick reference tool for specific osteopathic techniques and includes information on billing and coding as a member benefit, a \$150 value.

A similar resource, OMTeaching, is available to COMs and residency programs for a small annual subscription fee and includes additional teaching resources. 35 institutions subscribed during 2023. To learn more, visit <https://acofpomteaching.com/>.



### Top 10 most viewed OMTtotal videos of 2023:

1. OMT Billing and Coding
2. Anterior Sacrum
3. Osteopathic Exam Toddler, OMT for Otitis Media & URI, Multiple OMT Modalities Demonstrated
4. C1 Posterior Counterstrain
5. Cervical Diagnosis, Bedside Approach
6. Ribs, First Rib Upshear
7. Alternative: Sacroiliac Articulation
8. Anterior Cervical Counterstrain, Patient Supine
9. Cervical Muscle Energy
10. Lumbar Walk Around

# 729

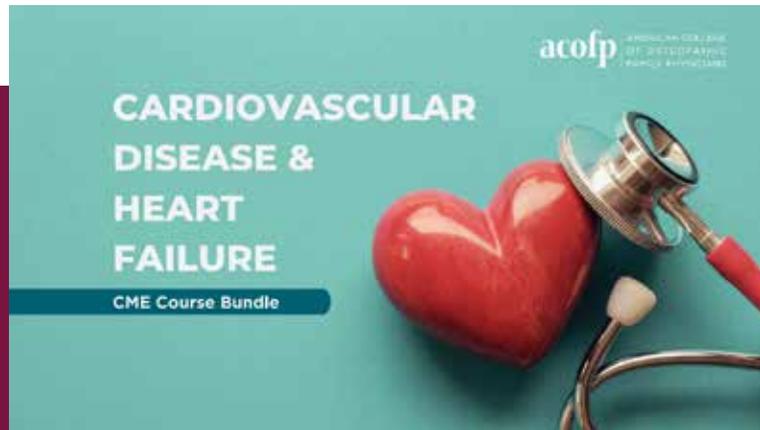
residents completed the Clinical Osteopathic Recognition Training (CORTE<sub>x</sub>) exam

# 1,884

residents completed the AOBFP In-Service Exam (ISE)

### SUPPORTING ENGAGEMENT WITH FORMATIVE ASSESSMENTS

In 2023, 1,884 residents completed the AOBFP In-Service Exam (ISE) and 729 completed the Clinical Osteopathic Recognition Training (CORTE<sub>x</sub>) exam. These numbers remain very similar to 2021 and 2022. The new CATALYST delivery system for the ISE allows residents to take the assessment from any device, mobile or desktop on their own time. This is the same platform used by practicing physicians for their continuing certification.



### MAPPING CME CONTENT TO MEMBER NEEDS

Using the data gathered in our 2022 education needs assessment, we constructed CME bundles on the top 10 subject areas. The content has been collected from past conferences and priced at a discount.

Ensuring accessibility to our education is of paramount importance to ACOFP. We have begun to enhance the ACOFP eLearning Center by adding closed captioning while also building out a plan to meet accepted web accessibility standards. This work will take time to complete, but our educational content is now more accessible than any time in the past.

- Diabetes
- CVD/Heart failure
- Hypertension
- Obesity/weight loss/nutrition
- OMT/OMM
- Substance use disorders
- Mental health
- Dermatology
- COVID
- Hospice/palliative care

### Education Credits Offered by ACOFP in 2023

**106**  
New AOA Category 1-A credits

**112**  
Total new credits (1-A, 1-B, AMA)

**86.5**  
Joint new AMA/AOA credits

## SECTION 1: ENHANCE AND SUPPORT LIFELONG LEARNING



Pain management series

Our multi-year efforts to build grant capacity in order to meet our strategic priorities and help with our finances are paying off. 2023 was exceptional in securing grants. Due to strong grant partnerships and well as our first independent CME grant, we have significantly exceeded this part of the budget.

### **CHANGING THE NARRATIVE: THE IMPORTANCE OF COMPREHENSIVE PAIN MANAGEMENT EDUCATION IN BREAKING STIGMAS**

ACOFP sought and received a major grant towards providing free comprehensive pain management education, representing a large projected impact. The \$445,000 awarded as part of this grant will contribute to 3,000 physicians receiving FDA Opioid Analgesic REMS-compliant CME on pain management and the use of opioids and non-opioid therapies, helping to fill in knowledge gaps and mitigate the risks of opioid misuse. The final product will include 8 online modules, with supporting live case forums, and all CME provided as a result of this grant will be free.

## EXPANDING EDUCATION THROUGH UNPRECEDENTED PARTNERSHIPS

We also secured a series of smaller grants through new and familiar medical education companies (MECs) and association partners.

Each of these programs has, or will, result in free CME courses for ACOFP members. Additional partnerships have included working

with FARE on a Primary Care Council and offering a selection of their food allergy fundamentals to our ACOFP '23 attendees and the American College of Lifestyle Medicine, which had a 5.5-hour CME course made free to ACOFP members.



The France Foundation is a newer MEC partner, and the partnership has been immediately fruitful, securing grants on CGMs and another on GLP-1 RAs, supported by Abbott and Novo Nordisk respectively.



Med-IQ helped us secure a grant with Grail regarding cancer screenings.



Association partners have also played a critical role in grants this year, with one coming from a joint partnership with ACOOG and ACOI on COVID-19 funded by Pfizer and another coming directly from ACOOG to host a panel at OMED on menopause and mental health.



The American Diabetes Association partnered with us on grants on topics including diabetes technology, nutrition, continuous glucose monitors, and obesity, resulting in free CME opportunities.



### OSTEOPATHIC FAMILY PHYSICIAN JOURNAL MAKES CHANGES

*Osteopathic Family Physician*, the ACOFP's peer-reviewed publication, moved from bimonthly to quarterly issues beginning with the Winter 2023 edition to make better use of ACOFP resources and create more impactful issues. The journal editors have planned themed issues for 2023 and 2024 focusing on topics of importance to members, and past president spotlights highlighted the legacy of ACOFP leadership as part of Dr. Park's presidential priorities. Over 640 members took the OFP journal quizzes in 2023, earning free CME credits.

# SECTION 2: STRENGTHEN AND ADVANCE OUR MEMBERSHIP, GOVERNANCE, OPERATIONS, AND RESOURCES



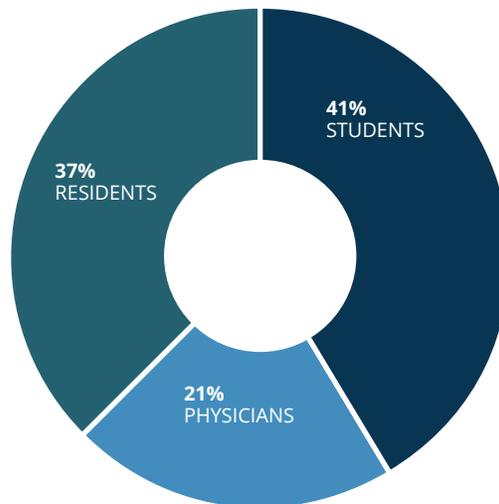
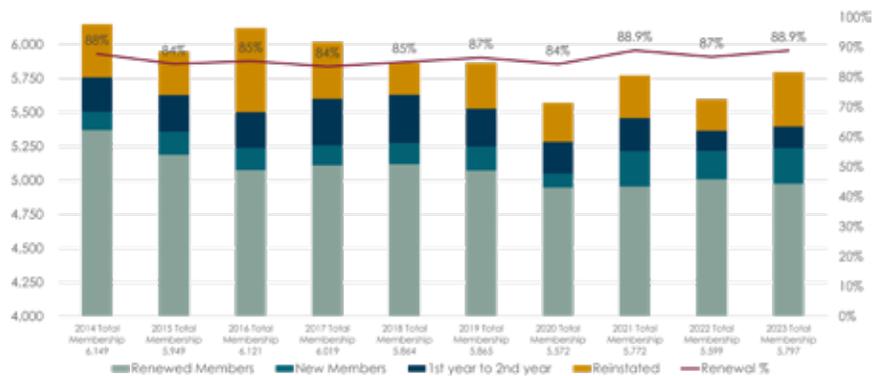
## Membership Continues Strong Post-Pandemic Recovery

ACOFP achieved its ambitious membership goals for 2023, with 5,797 physician members, an increase of almost 200 over 2022 and an 89% renewal rate. We also had one of our highest numbers of new members ever, with 264 new members.

**5,797**  
Physician Members

**89%**  
Renewal Rate

**264**  
New Members



**TOTAL MEMBERS 26,000+**

For 2023, our membership organization grew to over 26,000 members strong, an increase of over a thousand members from our previous fiscal year.

## Financial Highlights

### ACOFP RECEIVES ANOTHER EXCELLENT AUDIT

The Audit Review Committee met with the auditors who gave both ACOFP and the ACOFP Foundation a clean opinion and did not find any internal control issues that would require a management letter for either organization.



### MEMBERSHIP

\$1,979,000.00 ----- 28%

### GOVERNANCE

\$1,212,000.00 ----- 17%

### GME

\$2,301,000.00 ----- 32%

### PUBLICATIONS

\$328,000.00 ----- 5%

### GME

\$424,000.00 ----- 6%

### GOVERNMENT AFFAIRS

\$264,000.00 ----- 4%

### MANAGEMENT/GENERAL

\$618,000.00 ----- 9%

### TOTAL

\$7,126,000.00

STRENGTHEN AND ADVANCE



### PICTURE YOURSELF HERE

In June, we began sharing member spotlights on members ranging from students to past presidents. Since then, we've shared over 30 member spotlights through social media, *OPF*, and the student and resident newsletters, exceeding our goal of publishing 8 per month.

### AUXILIARY TO THE ACOFP EXPANDS MISSION

The Auxiliary to the ACOFP set a new big-picture strategy and vision. The new mission and goals are:

The mission of the Auxiliary to the American College of Osteopathic Family Physicians is to promote and support ACOFP by enhancing family, student and resident engagement. Through these efforts, we hope to foster a sense of belonging within the Osteopathic family medicine community.

Engage with, connect and support the families of ACOFP members.

- Support the future leaders of osteopathic family medicine.
- Recognize and support the professional development of students and residents.
- Collaborate with the ACOFP to explore additional partnership opportunities that meet the mission of both the ACOFP and the ACOFP.

One of its new initiatives is the Journey grant to support resident travel to the ACOFP annual convention. The Auxiliary is actively seeking new leaders to help with its work in 2024.

### An Improved Member Experience Is Underway



### ACOFP 365 APP: A NEW WAY LEARN AND CONNECT

The new year-round ACOFP 365 app gives you access to key aspects of membership on your mobile device. From the app, you can renew your membership, connect with other members, view *OPF*, access the eLearning center, get the latest news from ACOFP, listen to the latest DO.fm podcasts, and access the OMT video library.

### NEW MEMBER WEBSITE COMING IN 2024

ACOFP will be transitioning to a new membership and website experience in 2024. The new website platform will feature a custom design and upgraded functionality.

Some of the highlights of these technology upgrades include:

- Better search.
- Content tailored to your role and career stage, with easy access to the tools and resources you need.
- An improved look and feel.
- A better mobile experience.
- Refreshed content to help you in your day to day work and long-term career.

## SECTION 2: STRENGTHEN AND ADVANCE



### Recognizing Student Leadership

The 2023–2024 National Student Executive Board stepped right into leadership roles:

- President Kensley Grant, OMS-IV, from Sam Houston State University College of Osteopathic Medicine
- Vice President Ciara Robb, OMS-III, from Rocky Vista University College of Osteopathic Medicine–Southern Utah
- Secretary Kira Wence, OMS-III, from Edward Via College of Osteopathic Medicine–Virginias Campus
- Parliamentarian Urenna Nwogwugwu, OMS-II, from Touro College of Osteopathic Medicine–Middleton
- Chapter Outreach Director Many Helle, OMS-III, from California Health Sciences University College of Osteopathic Medicine
- Student Governor George Yang, OMS-III, from University of the Incarnate Word School of Osteopathic Medicine

### STUDENT CHAPTER AWARDS

**President’s Award:** Ohio University Heritage College of Medicine–Dublin

**A.T. Still Award:** Rocky Vista University College of Osteopathic Medicine–Southern Utah

**Humanitarian Award:** Alabama College of Osteopathic Medicine

**Communications Award:** Rocky Vista University College of Osteopathic Medicine

**Most Improved Chapter Award:** California Health Sciences University College of Osteopathic Medicine

**Recruitment Award:** Kansas City University of Medicine and Biosciences College of Osteopathic Medicine

**Outstanding Convention Attendance Award:** Rocky Vista University College of Osteopathic Medicine



### HIGHLIGHTS OF RESIDENT COUNCIL

The ACOFP Resident Council serves as regional representatives for resident members and facilitate communication between residents and ACOFP. The 2023–2024 members were elected in March: Michelle Barbat, DO; Mohit Chhatpar, DO; Brittany Custer, DO; Thomas Duffy, DO; Wyatt Eikermann, DO; Michaella Gaitte, DO; Raffi Keradman, DO; Kelly Le, DO; Joe Li, DO; Shikha Patel, DO; Jennifer Shuey, DO; and Mario Soliman, DO.

### VOLUNTEER LEADERSHIP OPPORTUNITIES GROW

The newly formed Leadership Development Committee (LDC) kicked off in April. The committee used an interview matrix to guide the process of selection while assessing and removing barriers from pathways to Board leadership. New this year, candidates were asked to answer questions in advance of the formal interview, two in written format and one video recorded response which included the candidate’s commitment to or experience with DEI.

### DELEGATES APPROVE NEW BOARD POSITION

At the 2023 Congress of Delegates, Congress voted to change the bylaws to create the first New-in-Practice Governor position on the Board of Governors. This position will be elected for a single, two-year term (2024–2026) by the ACOFP Congress of Delegates in April 2024. There was a terrific interest in this position. The Leadership Development Committee received seven nominees to consider. Given this bylaws change, the next regular Governor will not be appointed until 2025. We encourage all who are interested in that position for 2025 to remain engaged in your leadership journey.

### PAST PRESIDENTS TASK FORCE

To explore ways to best engage ACOFP Past Presidents and benefit from their past and current experiences, President David Park appointed a Past Presidents Task Force, which met throughout 2023. Recommendations were approved by the Board of Governors. A new Legacy Group will be implemented in 2024 to support ACOFP initiatives, increase engagement from past presidents, and carry forward ACOFP’s archival efforts.

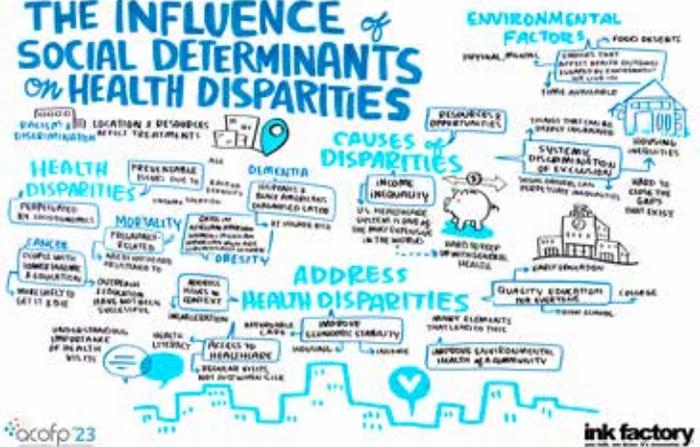


### REFLECTING ON 75 YEARS OF PROGRESS: CELEBRATING A LEGACY OF ACHIEVEMENTS AND LOOKING TOWARDS THE FUTURE

ACOF will celebrate its 75th anniversary in Palm Springs in April 2024. A task force explored ways to best celebrate this important milestone. A series of recommendations were provided to the ACOFP Board of Governors and unanimously approved for implementation beginning in 2024. Of note, ACOFP’s history book is being updated and will be made available to ACOFP ’25 attendees and via ACOFP’s website in 2025.

# SECTION 2: STRENGTHEN AND ADVANCE

## DEI Task Force Recommendations Implemented



Of the original 15 recommendations approved by the board in 2021, 9 are marked as complete and/or standardized into our operating procedures. In 2023, ACOFP implemented a process where the selection criteria for Board members includes their commitment to DEI, supported a future leadership pathway by illustrating ACOFP's leadership opportunities, and continued to embed DEI into all that we do as an organization. Of the 6 recommendations left, three have been implemented but are still in the process of being standardized, and three are contingent on grant funding.



The 2023 ACOFP Congress of Delegates passed DEI resolutions on Transgender Health Education and Voting as a Social Determinant of Health. 13 blog posts on DEI topics were published in 2023.



## ACOFP Receives the 2023 AOA Organizational Diversity, Equity, and Inclusion (DEI) Unification Award



ACOFP is proud to have been selected as the 2023 AOA Organizational Diversity, Equity, and Inclusion (DEI) Unification Award winner. This award is presented to one individual and one organization that has demonstrated exemplary leadership and commitment to promoting and advancing DEI initiatives in the osteopathic community.

## ROLL CALL OF HONOR: CELEBRATING OSTEOPATHIC FAMILY PHYSICIAN MEMBERS IN SERVICE

ACOFP introduced a new webpage, the “Roll Call of Honor,” dedicated to recognizing osteopathic family physician members who have honorably served in the military and uniformed services. These members have not only demonstrated their commitment to osteopathic medicine but have also answered the call to serve their communities, patients, and our nation through their service.

## FAMILY MEDICINE COMMITTEE ON ANTI-RACISM (FM-CAR)



FM-CAR Roadmap

Family Medicine Leadership Consortium (FMLC) recognized the advantage of having a coordinated approach across family medicine to address racism and formulated the Family Medicine Committee on

Anti-Racism (FM-CAR). This partnership launched in 2021, convening eight family medicine groups, including ACOFP, quarterly to discuss recommendations on a coordinated approach/plan, shared talking points, and messaging to FMLC.

In 2023, FM-CAR developed an anti-racism roadmap for family medicine, with a focus on governance and embedding equitable financial practice interventions. ACOFP provided two case studies, “Benchmarking Salary” and “Prioritizing DEI Training.”

## DEI TRAINING FOR STAFF AND COMMITTEES COMPLETE

One of the recommendations made by the DEI Task Force was to conduct DEI training for leadership on a regular basis. ACOFP launched its second training from April to July. Of the 290 committee members, 85% completed this training. The response from committee members being asked to complete this training was nearly all positive, and ACOFP plans to continue this process as a requirement for committee members moving forward.

## SECTION 2: STRENGTHEN AND ADVANCE

### Member Engagement



#### ACOFP'S STATE SOCIETY ENGAGEMENT AND NATIONAL PRESENCE

ACOFP remains committed to fostering collaboration and communication among our state leaders. This year, we continued to organize quarterly State Society Executive Director Virtual Town Hall meetings. We also launched State/Regional Society Leadership Succession On-Demand Series, available through our eLearning Center. This series aims to provide valuable insights and resources to our leaders, ensuring a smooth transition and continuous growth within our affiliate societies.

ACOFP's commitment to supporting our state societies extended to our participation in various state meetings, in partnership with the ACOFP Foundation. This year, we exhibited at several state meetings, including those in Missouri, Iowa, California, Pennsylvania, Michigan, New York, and North Carolina.

ACOFP fostered non-dues revenue opportunities for state societies, providing access to ACOFP's eLearning Center to host on-demand courses for Iowa, Missouri, and Pennsylvania at no charge to the states.

#### ACOFP BOARD EMBARKS ON SUCCESSFUL LEADERSHIP TRIPS

ACOFP President Dr. David J. Park started off his presidential year traveling in April to DO Day on the Hill, where he had the great privilege of visiting the White House at the invitation of Kevin O'Connor, DO.

Dr. Park, along with other members of the ACOFP Board of Governors, also attended 14 state societies and visited 10 Colleges of Osteopathic Medicine to meet with local physician and student leaders while providing a national update.

#### RECORD NUMBER PARTICIPATE IN MEMBER SURVEY

Our 2023 member survey received a record-breaking 1,127 responses. Demographically, the percentage of female members has increased in the last decade from 34% in 2016 to 43% in 2023. While almost half of members have been in practice more than 20 years, there has been a steady increase in the percentage of members just entering practice, with 7% saying they have been in practice less than 1 year, up from 1% in 2016.

# 86%

described their area of clinical focus as family medicine.

# 63%

perform OMT on patients in a typical week.

# 90%

of respondents said they are likely to renew their ACOFP membership.

# 75%

were either satisfied or extremely satisfied with ACOFP, a significant increase from 2021.



### ACOFP STAFF ANSWER THE CALL TO VOLUNTEER

ACOFP staff continued strong involvement in their own professional organizations.

- Executive Director Bob Moore was named a Fellow of the American Society of Association Executives (ASAE). He is one of less than 300 association executives to receive this honor. He is also currently chair-elect of Association Forum.
- Director of Knowledge, Learning, and Assessment Steve Legault is serving as the vice chair of ASAE's professional development advisory council. He and Moore presented on ACOFP's diabetes partnership at ASAE's 2023 annual meeting.
- Professional Development Manager Lyndsey Aspaas acted as a surveyor for the Accreditation Council for Continuing Medical Education (ACCME), conducting 5 reaccreditation surveys, and also served as faculty at two major ACCME events.

### ACOFP LEADERS CONTRIBUTE

ACOFP volunteer leaders also helped further the reputation of osteopathic family medicine through their involvement in other organizations. Some notable contributions include:

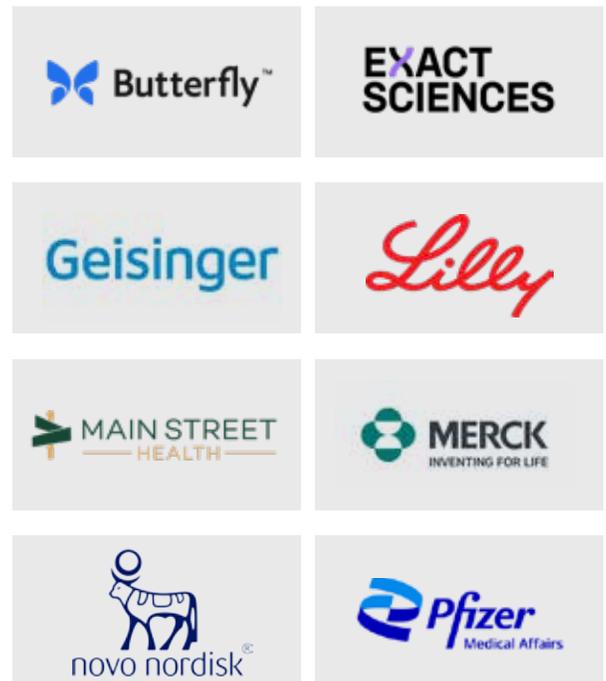
- Dr. Nicole Bixler and Dr. Boyd R. Buser were recently appointed to the Accreditation Council for Graduate Medical Education (ACGME) board, providing strong osteopathic representation.
- Dr. Paul Martin was appointed to AMA's RVS/Specialty Society Update Committee, which makes recommendations on what it takes to perform specific services in order to inform physician payment policies.
- Dr. Brian Kessler is serving on the American Osteopathic Association's Commission on Osteopathic College Accreditation.



### BRINGING TOGETHER INDUSTRY LEADERS: LAUNCHING THE CORPORATE COUNCIL ROUNDTABLE

In 2023, ACOFP introduced an exciting new initiative called the Corporate Council Roundtable program. This program aims to establish stronger partnerships between ACOFP and various companies. In the inaugural year, we collaborated with eight organizations: Butterfly, Eli Lilly, Exact Sciences, Geisinger, Main Street Health, Merck, Novo Nordisk, and Pfizer.

The program started off with a bang at the 60th Annual Convention & Scientific Seminars, which featured numerous one-on-one meetings and a group lunch, where we discussed potential areas of collaboration. Throughout the year, ACOFP continued proactive outreach efforts, nurturing connections with the participating companies. By partnering with these esteemed companies, ACOFP solidified its commitment to advancing the field of osteopathic family medicine through meaningful collaborations and strategic alliances ultimately intended to benefit ACOFP members and the profession.



### The Student Association of ACOFP Engages with Osteopathic Medical Students



The Student Association of ACOFP has 54 active chapters at Colleges of Osteopathic Medicine. Over 200 student chapter leaders volunteer their time and efforts to promote family medicine on their campuses. In 2023, they coordinated over 490 local activities or events, including workshops, seminars, awareness campaigns and health fairs. To facilitate communication and collaboration among these student leaders, the Student Association of the ACOFP organizes quarterly virtual leadership roundtable discussions, a platform for student chapter presidents and members of the National Student Executive Board (NSEB) to come together and share insights, best practices, and updates about the activities happening within their chapters.

Also new for students, please check out the updated navigation and searchability of your LMS.

New student chapters were approved at:

- Burrell College of Osteopathic Medicine
- Idaho College of Osteopathic Medicine
- Kansas College of Osteopathic Medicine
- Noorda College of Osteopathic Medicine
- Philadelphia College of Osteopathic Medicine-South Georgia
- Touro College of Osteopathic Medicine-Harlem

#### STUDENT COMMITTEES

The committees of the student association contribute to its overall growth and success. We had 25 student volunteers in 2022–2023 and 42 for 2023–2024.

##### Student Education Committee:

- Organized a monthly article for the student newsletter.
- Reviewed OMT programming for a new section of the eLearning Center.
- Hosted Maternal Musculoskeletal Pain Management and OMT webinars.
- Contributed to the production of 6 podcast episodes featuring academic family medicine leaders.

##### Student Public Relations Committee:

- Led activities for National Primary Care Week.
- Recognized outstanding student chapters on social media.
- Contributed to the production of 6 podcast episodes featuring diversity of career options in family medicine.

##### Student Membership Recruitment Committee:

- Sent over 45 recruitment boxes for chapters to use during their club recruitment fairs to promote joining the Student Association of ACOFP.
- Included new updated membership collateral to use in promoting membership.

##### Student Resolutions Committee:

- Submitted 5 resolutions to the NSEB and the Congress of Delegates

#### ENGAGING RESIDENTS

The ACOFP Resident Council worked on developing resources to keep residents in ACGME programs connected to the organization. They organized a panel session at the annual convention, “Life after Residency,” as well as a student session called “Places You’ll Go: Learn the Lessons from Residents.”

Additionally, the Resident Council collaborated with the AOBFP and recent Initial Certification Grant recipients to host a webinar featuring a panel of new physicians who successfully pursued the EEIC, sharing their experiences and opportunities in this pathway.

#### STUDENT AND RESIDENT SPOTLIGHTS



Resident Spotlights

The Student Public Relations Committee continued the monthly Student Spotlight series, where they shine a spotlight on a different student chapter president each month, and extended its efforts by featuring 10 members of Resident Council.



## ACOFP Auxiliary Awards Recipients

The Auxiliary to the ACOFP annually recognizes outstanding achievements and contributions in the field of osteopathic medicine.

### MARIE WISEMAN OUTSTANDING OSTEOPATHIC STUDENT OF THE YEAR AWARD



Rachel Souza, OMS-IV

### EMERGING LEADER AWARDS

- Alyssa Breedlove, OMS-II
- Mandy Helle, OMS-II
- Ciara Robb, OMS-II

### OSTEOPATHIC FAMILY MEDICINE STUDENT AWARDS

- Supreet Aashat, OMS-II
- Devyn Bahnmler, OMS-IV
- Emily Caron, OMS-II
- Meghan Cohoon, OMS-III
- Stephanie Cox, OMS-II
- Fariya Fatima, OMS-II
- Jordan Franklin, OMS-II
- Amna Khalid, OMS-III
- Lauren Kostandaras, OMS-II
- Amelia Lerch, OMS-IV
- Sonya Levine, OMS-III
- Helaine Mills, OMS-II
- Gabriella Orta, OMS-II
- Kirra Rivera, OMS-I
- Benjamin Sallavanti, OMS-II
- Amber Shirley, OMS-II
- Luna Tsang, OMS-II
- Kathleen Wong, OMS-IV
- Colleen Yang, OMS-II
- George Yang, OMS-III

## SECTION 3: ADVOCATE FOR THE PROFESSION



ACOFP allocates substantial resources to represent the interests of osteopathic family physicians through advocacy. Our initiatives include a weekly newsletter, educational programs on advocacy, and the submission of public comments to Congress and the Administration. We continuously strive to keep our members informed about recent legislative and regulatory changes, while also identifying opportunities for member involvement in these crucial endeavors.

## VIEW FROM THE HILL

Federal Health Policy  
News Affecting Family  
Physicians



The *View from the Hill* newsletter, sent out every Friday and compiled by our advocacy partners Allston & Byrd, is consistently opened by over 50% of recipients, reflecting your strong interest in and commitment to advocacy.

ACOFP has also encouraged members to get involved by contributing to our blog and the DO.fm: Advocacy podcast, as well as reach out to their representatives in Congress on key issues through both call-to-action campaigns that were launched in 2023.

### CALL TO ACTION CAMPAIGNS

The first was in support of the *Rural Physician Workforce Production Act of 2023*. This Act will help address the physician shortage crisis in rural areas and offer solutions such as establishing a Medicare graduate medical education (GME) methodology for hospitals training rural residents, enabling hospitals such as critical access hospitals and sole community hospitals to receive Medicare GME funding under this new methodology, and allowing for the growth of rural resident training without regard to resident caps set under the Medicare program.

Osteopathic family physicians play a critical role in providing health care services in rural communities and witness firsthand the challenges that rural Americans face in obtaining primary care services. 153 people sent 657 emails to their representatives.

## In our 2023 Principles of Healthcare System Reform, ACOFP has prioritized:

1. Reducing Unnecessary Paperwork Requirements
2. Preserving the Family Medicine Model of Care
3. Addressing the Family Physician Shortage
4. Improving Outcomes and Reducing Costs Through Primary Care and Support for Family Physicians
5. Focusing on Vulnerable Populating and Addressing Racial Disparities
6. Encouraging the Appropriate Use of Telehealth
7. Addressing the Opioid Crisis



The second was in support of H.R. 2474, the *Strengthening Medicare for Patients and Providers Act*. This bill would aim to address the rising costs of operating medical practices by providing an annual inflation-based update to the PFS tied to the Medicare Economic Index (MEI). Osteopathic family physicians are essential to the nation's public health system and play an essential role in providing care to Medicare beneficiaries. Despite osteopathic family physicians' contributions to patient care and public health, they have been forced to contend with Medicare payments that do not cover the cost of providing care. 238 people advocated for this bill and sent 816 emails to their representatives.

### COMMENT AND COALITION LETTERS

In 2023, ACOFP submitted 12 letters of support, join support, opposition, or comment, including:

- The CY 2024 Physician Fee Schedule Proposed Rule
- Letter of support for CMS' proposal to implement a Medicare billing code, known as G2211, in 2024
- Letter of Support for Dillon's Law
- Comment Letter in Response to the Substance Abuse and Mental Health Services Administration (SAMHSA) Proposed Rule Medications for the Treatment of Opioid Use Disorder

## SECTION 3: ADVOCATE FOR THE PROFESSION

### Supporting Our Future Leaders



The ACOFP Future Leaders Conference was held June 23–25 in Louisville, KY, with 19 attendees and 4 mentors. CliftonStrengths was used to help Future Leaders identify their strengths, and Bob Moore, who is a certified CliftonStrengths coach, provided coaching to help them apply their results. ACOFP also conducted a survey of alumni for their suggestions on time of year, location, reasons why they attended and funding options. New in 2023, ACOFP and the Foundation supported a series of 4 leadership webinars to provide continued professional development and connection to future leader alumni as well as other ACOFP members.

THANKS TO OUR SPONSOR



THANK YOU TO OUR PARTNER



THANK YOU TO OUR SUPPORTER





## CELEBRATING NATIONAL OSTEOPATHIC MEDICINE WEEK AND NATIONAL PRIMARY CARE WEEK

National Osteopathic Medicine Week took place April 17-23, a national observance dedicated to spotlighting the osteopathic medical profession and raising awareness about the distinctiveness of osteopathic medicine.

National Primary Care Week is the first week of October. The ACOFP Student PR Committee conducted interviews to share via social media and created polls to encourage members to engage.

## INCREASING RESIDENT AWARENESS OF CERTIFICATION RESOURCES



With the achievement of the funding goal for the Initial Certification Grant, the ACOFP Foundation turned its attention to increasing awareness of this funding opportunity among residents. ACOFP supported this commitment to the future of the profession via a resident town hall webinar about the certification pathway on August 29, which continues to be available for free online.

ACOFP conducted surveys of residents and resident program faculty on their awareness of the Early Entry Initial Certification pathway. The results showed room to grow in this area, with residents reporting only moderate awareness of the pathway and low awareness of the ACOFP Foundation's Initial Certification grant. Of the 256 respondents, 40% planned to pursue OMT certification. The 104 residency program directors surveyed reported a higher level of awareness, rating their awareness of the pathway at 3.9 out of 5 and of the grant as 3.3 out of 5.

## SHARING OUR EXPERTISE

ACOFP contributed a chapter to a forthcoming book to be published by AAFP outlining the history and the current status of postgraduate education in osteopathic family medicine, bringing this information to a wider audience. Thomas N. Told, DO, FACOFP *dist.*, Chair of the Archival & Historical Committee led this initiative, and Robert Danoff, DO, FACOFP, and Kenneth A. Heiles, DO, FACOFP *dist.*, helped with editing.



## FAMILY MEDICINE NEXT GRANT PROJECT KICKS OFF

With the American Board of Family Medicine NEXT grant, ACOFP aims to attract future family physicians by empowering the next generation of physicians.

For year 1 of this groundbreaking grant, ACOFP completed three major initiatives:

- Held 7 focus groups (5 at ACOFP '23 and two virtual) to gain additional qualitative data.
- Conducted a benchmarking survey to first through fourth-year osteopathic medical students to understand perceptions of family medicine to gain insights into specialty decision drivers. This was deployed to roughly 6,600 students and promoted via partner channels, and had a response rate of 8%.
- Conducted a literature review with our student chapters to review existing research. ACOFP partnered with librarians to pull 606 relevant articles. 147 students responded to the call for literature reviewers and completed their review in September and October.

Key takeaways from the in-person focus groups included:

- Physicians choose family medicine because of the opportunity to see a variety of different patient cases and work on many different types of challenges.
- Mentors and quality of experience were key influences in the decision-making process. The timing of the rotation (before a student's third year) is also important.
- Soft skills like communication skills, the ability to listen, and a natural curiosity are fundamental.
- Work/life balance is a key benefit to family medicine, but family physicians are constantly fighting stigma about family medicine.

The 2024 activities include hosting an invitation-only think tank for 100 physicians, residents, and students at ACOFP '24 in New Orleans, where we will discuss findings from year one efforts and gain perspectives from students on how to better communicate the benefits and value of choosing osteopathic family medicine.

## SECTION 3: ADVOCATE FOR THE PROFESSION

### RECOGNIZING EXCELLENCE IN THE PROFESSION



**ACOFP Osteopathic Family Physician of the Year Award**

Joshua S. Coren, DO, MBA, FACOFP



**ACOFP Lifetime Achievement Award**

Donald E. Jablonski, DO, FACOFP *dist.*



**ACOFP Diversity, Equity and Inclusion Award**

Salvatore J. Biazzo, DO



**ACOFP Excellence in Advocacy Award**

Linda F. Delo, DO, FACOFP



**ACOFP Osteopathic Family Medicine Educator of the Year Award**

Carol S. Browne, DO, FACOFP



**ACOFP Outstanding Female Leader of the Year Award**

Trudy J. Milner, DO



**ACOFP New Osteopathic Physician of the Year Award**

Garrett L. Kirkpatrick, DO



**Distinguished Service Award**

Jeffrey S. Grove, DO, FACOFP *dist.*



**Distinguished Service Award**

Kevin V. de Regnier, DO, FACOFP *dist.*

## FELLOWS OF THE ACOFP

The ACOFP Conclave of Fellows honored 19 physicians with the title of Fellow and 5 physicians with the title of Distinguished Fellow.

The designation of Fellow of the ACOFP is awarded to physicians who have made significant contributions to both national and local communities through activities such as teaching, authorship, research, and professional leadership. These individuals have also demonstrated a strong commitment to the well-being of their patients and the future of osteopathic family medicine. The 2023 class of the ACOFP Conclave of Fellows includes:



Jeffrey P. Cashman, DO, FACOFP



Jennifer Caudle, DO, FACOFP



Traci-lyn Eisenberg, DO, FACOFP



Sumeet Goel, DO, FACOFP



Cheryl A. Hammes, DO, FACOFP



Nicklaus James Hess, DO, MPH, FACOFP



Edward E. Hosbach, II, DO, FACOFP



Anne C. Jones, DO, MPH, FACOFP



Kristin K. Martin, DO, MS, FAAFP, FACOFP



Jeffrey T. Nelson, DO, FACOFP



Natalie A. Nevins, DO, MSHPE, FACOFP



Nicholas J. Pennings, DO, FOMA, FACOFP



Stephanie T. Reese, DO, FACOFP



Raymond V. Romano, DO, FACOFP



Shirley Sharp, DO, FACOFP



Richard G. Sloan, Jr., DO, FACOFP



Kathleen E. Sweeney, DO, FACOFP



Lindsay Tijattas-Saleski, DO, MBA, FACOEP, FACOFP



Ronald W. Torrance, II, DO, FACOFP

As part of the nomination process for becoming a Fellow, candidates must submit an unpublished scientific paper related to family medicine. The most deserving candidates are awarded the ACOFP Outstanding Paper Crest Award and the Most Outstanding Scientific Paper Award. In 2023 the Awards Committee presented five Outstanding Paper Crest Awards to: Nicklaus Hess, DO, FACOFP for his paper titled “Delayed Disease Progression in a Pediatric Patient with Type 1 Diabetes Mellitus and PANDAS Using Integrative and Medical Therapies”, Kristin Martin, DO, FAAFP, FACOFP for her paper titled “Rural Health Care: The Intersection of Adverse Childhood Experiences and Social Determinants of Health with Mental Health and Substance Use Disorders”, Natalie Nevins, DO, MSHPE, FACOFP for her paper titled “Family Physician Resiliency: Tools to Take Charge of Your Well-Being”, Richard Sloan, DO for his paper titled “Osteopathic Manipulation in Treating Post-Coital Urinary Tract Infection Symptoms; An Alternative/Adjunct to Antibiotics: A Case Report”, and Ronald Torrance, DO, FOOASM, FACOFP for his paper titled “Bone Marrow Aspirate Concentrate (BMC) Injection Heals Spondylolysis Non-Union in Symptomatic 15-Year-Old Softball Player.”

## SECTION 3: ADVOCATE FOR THE PROFESSION

### DISTINGUISHED FELLOWS OF ACOFP

Additionally, 5 physicians were recognized as Distinguished Fellows of the ACOFP during the ACOFP Conclave of Fellows Ceremony. This prestigious honor is awarded to individuals who have shown exceptional dedication and service to the ACOFP and the osteopathic family medicine profession. The 2023 Distinguished Fellow Award recipients are:



Nicole H. Bixler,  
DO, MBA, FACOFP  
*dist.*



Melinda E. Ford,  
DO, FACOFP *dist.*



Brian A. Kessler,  
DO, FACOFP *dist.*



Saroj Misra, DO,  
FACOFP *dist.*



Bruce R. Williams,  
DO, FACOFP *dist.*

### MASTER PRECEPTOR AWARDS

The Master Preceptor Awards recognized preceptors who demonstrated excellence in training, educating, and mentoring osteopathic medical students in the field of family medicine. The following individuals have received these prestigious awards:



Cheryl A. Hammes, DO



Michael Srulevich, DO,  
MPH, FAAHPM



George N.  
Spyropoulos, DO



**acofp** FOUNDATION

# 2023 ACOFP FOUNDATION ANNUAL REPORT

# MESSAGE FROM THE PRESIDENT



**Paul A. Martin, DO, FACOFP dist.**  
2023–2024 ACOFP  
Foundation President

**T**hese past twelve months marked a pivotal time for the ACOFP Foundation. Operating in year two of our refreshed strategic plan, the ACOFP Foundation was able to continue working towards our goal of preserving osteopathic distinctiveness, hit new strategic milestones, and plan for the launch of a new fundraising initiative in 2024.

Perhaps most notable this year is achieving our *Forging Our Osteopathic Future* campaign fundraising goal of \$2 million over a year ahead of schedule. This milestone was reached onsite at our 2023 Donor Appreciation Reception in Orlando, when the Auxiliary to ACOFP pledged their commitment to the remaining \$45,500 to surpass

the \$2 million mark. This serendipitous pledge brought our campaign full circle, as the Auxiliary was also our inaugural *Forging Our Osteopathic Future* campaign donor. Achieving this momentous goal not only helps us sustain the future of osteopathic family medicine, but also sets a powerful precedent for strength and unity within our osteopathic community. We extend our heartfelt gratitude to all who contributed to this campaign, including our incredible ACOFP members, colleges of osteopathic medicine, state societies, and corporate donors. We would also like to extend a special thank you to our diamond level donors—ACOFP, American Osteopathic Foundation, Auxiliary to the ACOFP, and POMA Foundation—for their generosity and commitment to making this goal a reality.

While achieving our campaign goal was certainly our most remarkable accomplishment this year, the Foundation had a number of other notable achievements. Our year started strong with the successful completion and adoption of updated governance practices to align Foundation leadership with our recently updated strategic goals.

We also launched an In-Service Exam (ISE) pilot program in partnership with ACOFP California to support residents earlier in their careers. We know that if a residency program does not endorse the American Osteopathic Board of Family Physicians (AOBFP) ISE, they have no pathway to participate in the AOBFP's Early Entry Initial Certification pathway. This joint ACOFP Foundation/ACOFP California program covers the full cost of ISE fees for programs that have not traditionally supported the exam. In October, our Board voted, along with ACOFP, to expand this program

nationally, ensuring that no resident will face obstacles in participating in the ISE due to their program affiliation.

The ACOFP Foundation also established an Auxiliary Fund this year, which supports scholarships for osteopathic medical students, as well as leadership training and development of resident family medicine programs. This partnership will allow contributions to the Auxiliary to be tax-deductible and will further reinforce the vision that the Auxiliary, the Foundation, and ACOFP operate as a three-legged stool which collectively champions osteopathic family medicine nationwide.

As we look to the future, we are excited to launch a new fundraising campaign focused on strengthening ACOFP's future leaders. We know that these individuals represent the future of osteopathic medicine, and by providing targeted support, we aim to not only retain their dedication to our profession, but to allow them to thrive as leaders within osteopathic family medicine.

Finally, we would like to extend a sincere thank you to ACOFP for their partnership and unwavering support, as well as the Foundation leadership for their stewardship throughout this transformative period in the Foundation's history. We look forward to continuing our work as we collectively forge the future of osteopathic family medicine.

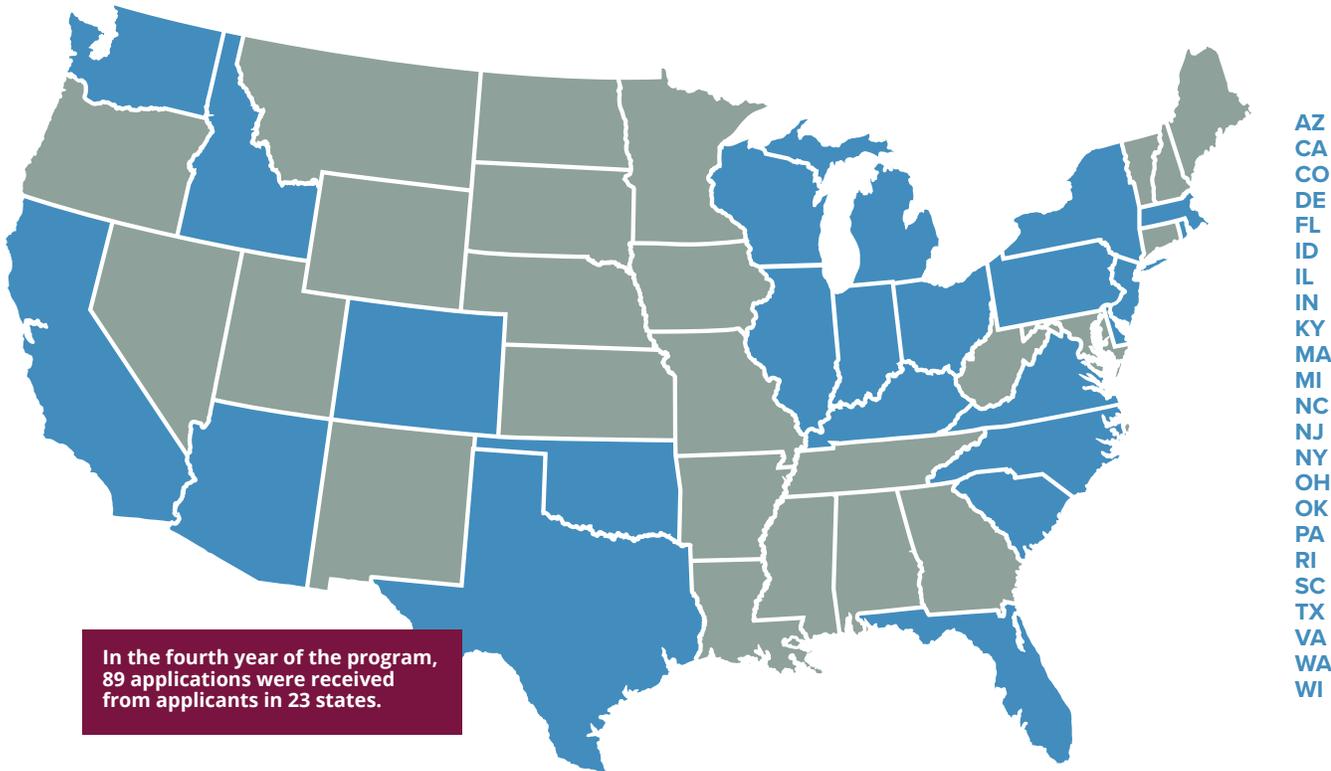
**Paul A. Martin, DO, FACOFP dist.**  
2023–2024 ACOFP Foundation President

# GOAL 1



Watch the Foundation Milestone video

## Strengthen the osteopathic family physician profession by promoting a diverse and distinct workforce.



In the fourth year of the program, 89 applications were received from applicants in 23 states.

### MILESTONE REACHED FOR INITIAL CERTIFICATION GRANT PROGRAM

In April, the ACOFP Foundation serendipitously reached our \$2 million *Forging Our Osteopathic Future* campaign fundraising goal. We achieved this goal almost a year ahead of schedule. Reaching a large goal like this so early is a rare achievement in the foundation world and a testament to the strong dedication of ACOFP members. A special thank you to our donors for their generous support of this effort!

This fund supports grants to third-year residents seeking AOBFP Board Certification via our Initial Certification Grant program. In the fourth year of the program, 89 applications were received from applicants in 23 states. The Foundation welcomes the continued support of the campaign, which helps to ensure osteopathic distinctiveness.

\$2 million



### ACOFP FOUNDATION RECEIVES ANOTHER GREAT AUDIT

The Audit Review Committee met with the auditors who gave both ACOFP and the ACOFP Foundation a clean opinion and did not find any internal control issues that would require a management letter for either organization.

### IN-SERVICE EXAM PILOT PROGRAM LAUNCHED

ACOFP Foundation partnered with ACOFP California to launch an In-Service Exam pilot program, which fully covers the cost for programs who have not typically supported this pathway. Four California residents took advantage of program in 2023. In October, the Board approved a national approach to kick off in 2024 that will allow for any resident to be eligible for the program.



## GOAL 2



### Provide osteopathic training, resources, and other learning opportunities to promote delivery of the highest quality of care for the body, mind & spirit.

The ACOFP Foundation recognized outstanding residents and students in 2023 with the following awards.



#### SANDER A. KUSHNER MEMORIAL OSTEOPATHIC FAMILY MEDICINE RESIDENT AWARD

The ACOFP Foundation recognized Jordan Wong, DO, as the distinguished recipient of the 2023 Sander A. Kushner, DO, FACOFP Memorial Osteopathic Family Medicine Resident Award.

This prestigious award pays tribute to the memory of Dr. Sander A. Kushner, a dedicated advocate of osteopathic family medicine, renowned for his unwavering commitment to education and the profound impact he made on the field. Dr. Kushner’s enduring legacy lives on through the physicians he mentored, his esteemed colleagues, and the communities he served. Jordan Wong, DO, exemplifies the spirit and dedication to osteopathic medicine that Dr. Kushner cherished, making him a deserving recipient of this esteemed honor.

#### NAMEY/BURNETT PREVENTATIVE MEDICINE WRITING AWARD

Sponsored by the ACOFP Foundation, with winners selected by the ACOFP Health & Wellness Committee, the Namey/Burnett Preventative Medicine Writing Award honors the memory of Joseph J. Namey, DO, FACOFP, and John H. Burnett, DO, FACOFP, by recognizing the best preventative medicine blog posts submitted by osteopathic family medicine students and residents.

##### The 2023 winners were:



**First Place:** Maura Fox, “The Weight of Obesity and the Role of the Family Physician”

**Second Place:** Elisabeth Arndt, “The Value of OMT in Preventative Medicine: Advocating for Equitable Reimbursement Rates for Osteopathic Manipulation Therapy”

**Third Place:** Violeta Foss, “Vegetables for Life: Plant-Based Nutrition as a Tool Against COVID-19”

#### CLINICAL PRECEPTOR EDUCATION SERIES

The ACOFP Foundation supported the ACOFP Preceptor Committee collaboration with the Society of Teachers of Family Medicine (STFM) to host a session titled “Educating the Next Generation of Family Physicians” as part of the Clinical Preceptor Education Series during ACOFP ’23.

#### LEADERSHIP WEBINAR SERIES



In addition to supporting the 2023 Future Leaders Conference, the ACOFP Foundation supported a new initiative to foster connections and empower alumni of the Future Leader Conference through the development of the ACOFP Leadership Webinar Series, a quarterly virtual program.

## GOAL 3



### Demonstrate the impact of osteopathic family medicine in improving the health of patient populations and communities through addressing social determinants of health.

#### COMMUNITY HEALTH

A new work group was created to support the overlap of this Foundation goal and ACOFP's strategic priorities. The Community Health Work Group was charged with creating community-based funding concepts to help demonstrate the impact of osteopathic family physicians within their communities. Topics developed in 2023 include Healthy Aging and Palliative Care, and Burnout, and Opioid/Pain Management. This work group will continue to refine these concepts into 2024.

#### SUPPORT FOR LGBTQ+ HEALTHCARE

The ACOFP Foundation contributed \$10,000 to support the AOF Jeffrey Grove, DO, LGBTQ+ Pride Scholarship, awarded to a student who is committed to better understand and address the unique healthcare needs of the LGBTQ+ community and how such needs can be addressed through osteopathic medicine.

#### FAMILY MEDICINE EDUCATION CONSORTIUM (FMEC) MEETING

For the third year in a row, the Foundation exhibited at FMEC in Providence, Rhode Island. The Foundation also supported three full scholarships to osteopathic family medicine residents.

**“Donors like you are the reason I was able to afford to attend the conference and have the opportunity to present my poster/research. This was such a great experience and opportunity for me as well as my group and we greatly appreciate and thank you for the support.”**

–Sierra Derti, OMS-III, LECOM-Elmira

**“I just wanted to thank you personally for this opportunity. I had a wonderful time listening to lectures and building relationships with physicians and with residency programs at the Residency Fair. Without your generosity, I would not have been able to go. I greatly appreciated the opportunity to attend and had a wonderful time!”**

– Elizabeth Wright, OMS-IV, UNECOM

#### NEW AND RENEWED STRATEGIC PRIORITIES

In 2022, the ACOFP Foundation updated its strategic mission and priorities to reflect the current and future work of the Foundation. To support this updated strategy, the Foundation launched a governance project to ensure that the leadership structure and bylaws support the Foundation's new strategic goals. The governance project concluded in January 2023 with an update of existing bylaws and board terms.



Donate to Auxiliary

New in 2023, the ACOFP Foundation established a fund to support scholarships to students via the Auxiliary Fund. Donations to this fund are tax-deductible and support the following initiatives:

- ACOFP Future Leaders Conference
- Auxiliary Student Awards
- ACOFP Student Leadership Program
- Student Advocate Associations Educational Workshop
- Resident Travel Scholarships to Annual Convention



ACOFP Foundation also received a Candid Gold Seal of Transparency on GuideStar for the second year in a row.

Building on the success of the *Forging Our Osteopathic Future* Campaign, the Foundation is in an exciting period of momentum and renewed energy. New strategic goals place a greater emphasis on promoting a diverse and distinct workforce, and also supporting those within the profession to provide the highest quality of care. The Foundation is excited to be launching a new fundraising campaign in 2024 focused on empowering young leaders in the field of osteopathic family medicine. This focus aligns with our mission to champion osteopathic family medicine and our vision to advance comprehensive osteopathic healthcare access for all.

# SECTION 4: 2023 FOUNDATION ANNUAL REPORT

## ORGANIZATIONAL DONOR HONOR ROLL

As of 12/31/23

\$100,000+



\$25,000+



\$15,000+



\$10,000+



\$5,000+



\$1,000+

AT Still University School of Osteopathic Medicine in Arizona  
Campbell University School of Osteopathic Medicine  
Idaho College of Osteopathic Medicine  
Kansas Association of Osteopathic Medicine & Kansas Osteopathic Foundation  
Marian University College of Osteopathic Medicine

Nova Southeastern University College of Osteopathic Medicine  
Osteopathic Founders Foundation  
Pacific Northwest University of Health Sciences College of Osteopathic Medicine  
Sam Houston State University College of Osteopathic Medicine  
Texas Society of the American College of Osteopathic Family Physicians

Touro University College of Osteopathic Medicine - California  
UNC-Southeastern Health Family Medicine Residency  
University of North Texas Health Sciences Center - Texas College of Osteopathic Medicine  
University of Pikeville - Kentucky College of Osteopathic Medicine  
West Virginia School of Osteopathic Medicine

# INDIVIDUAL DONOR HONOR ROLL

As of 12/31/23

## \$50,000+

Jeffrey S. Grove, DO, FACOFP *dist.*

## \$25,000+

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