

SUBJECT: Physician Wellness
SUBMITTED BY: Pennsylvania Osteopathic Family Physicians Society
REFERRED TO: 2017 ACOFP Congress of Delegates

RESOLUTION NO. 12

- 1 WHEREAS, physician stress, burnout, depression, and other psychological duress
2 negatively affect patient care; and
3
4 WHEREAS, a 2012 study estimated that 45.6% of physicians reported at least 1 symptom of
5 burnout, primary care having one of the highest prevalence rates of burnout
6 symptoms, and repeat studies in 2014 showed a 10% increase among physicians;
7 and
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9 WHEREAS, it is estimated that suicide rates for physicians are six times higher than the
10 general population, and 8-12% of practicing physicians develop a substance abuse
11 disorder, and of these, midcareer physicians are at most risk for burnout and
12 suicide; now, therefore be it
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14 RESOLVED, that the American College of Osteopathic Family Physicians (ACOFP) cultivate
15 resources for osteopathic medical students, residents and attending physicians to
16 further promote wellness, with earnest focusing on midcareer physicians; and be it
17 further
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19 RESOLVED, that the ACOFP, in conjunction with the American Osteopathic Association
20 (AOA), advocate for policies to decrease physician burden.

FINAL ACTION: DISAPPROVED as of March 16, 2017 IN LIEU OF RESOLUTION 13