



CLASSROOM TO CLINIC IN 11 YEARS

UNDERGRAD (YEARS 1-4)

Take required science and math classes, including biology, general chemistry, organic chemistry, and physics. It will be helpful to join healthcare related organizations on campus, and to gain clinical experience through shadowing a doctor, volunteering, interning, or working.

MEDICAL SCHOOL (YEARS 5-8)

Years 1 and 2 will focus on classroom and lab work to build a strong foundation. In Years 3 and 4, you will spend time in clinical rotations, working with patients under the guidance of physicians. While there is a difference between a DO and MD degree, schooling requirements remain essentially the same.

RESIDENCY (YEARS 9-11)

Family medicine residency is typically 3 years, including general rotations and more specialized rotations.

LICENSURE AND BOARD CERTIFICATION (YEARS 10-11)

Take your board exams and become fully licensed as a DO.

FELLOWSHIPS/ SUBSPECIALTY TRAINING (YEARS 10-11 OPTIONAL)

Complete a fellowship in a specialized area like sports medicine, geriatrics, or academic medicine.



YEARS 1 & 2

Get to know professors and mentors who can complete your letters of recommendation.



YEAR 3

Take the MCAT and apply to medical schools.



YEAR 4

Complete medical school interviews, and consider non-traditional pathways or a gap year.



YEAR 5

Begin your medical school journey.



YEAR 6

Take COMLEX Level 1/ USMLE Level 2.



YEAR 7

Choose your specialty.



YEAR 8

Take COMLEX Level 2/ USMLE Step 2. Apply to residency programs.

GRADUATION!



YEAR 9

Foundational rotations in specialties such as internal medicine, OB/GYN, emergency medicine and pediatrics."



YEARS 10 & 11

Specialized rotations in inpatient and outpatient care. Testing (ISE, etc.). Elective rotations in areas of interest such as cardiology, neurology, orthopedics and others. Preparing for board certification, fellowship and/or employment.



Find more details on how to become an osteopathic family physician. Scan the QR code or visit familyphysiciansdomore.org.