

Annual Skills Competency Evaluation for Residents

Resident: _____

PGY: _____

Date: _____

Faculty: _____

OMT Competency Evaluation

- For each area listed, the examinee must be able to:
 - **"DIAGNOSIS"**
 - Make a correct segmental diagnosis utilizing any or all of the criteria used to diagnose somatic dysfunctions (tissue texture changes, tenderness, asymmetry, and restricted range of motion).
 - **"TECHNIQUE DEMO"**
 - Treat the involved segmental areas utilizing two different treatment modalities. (These modalities must be recognized as osteopathic manipulative techniques.)
 - **"TISSUE CHANGES"**
 - Make a change in the tissue utilizing at least one osteopathic manipulative technique.
 - **"BIOMECHANICS"**
 - Describe for each technique utilized, the biomechanical mechanism for achieving correction of the segmental somatic dysfunction.

Areas to be Evaluated and Treated:

- Cervical Spine (including occipito-atlantal joint)
- Thoracic Spine
- Rib Cage
- Lumbar Spine
- Sacrum and Pelvis
- Lower Extremity
- Upper Extremity
- Head

Scoring (Each Section)

- Full Credit: 2 points
- Partial Credit: 1 point
- Incorrect: 0 point

Passing Score 70% (45 points)

Director of Osteopathic Education/Program Director's Evaluation of General Competencies

COMPETENCY SKILL COMPETENT

Osteopathic Philosophy & Principles

1.) Demonstrates understanding and application of Osteopathic Manipulative Treatment (OMT) by manipulative appropriate applications of multiple methods of medicine treatment, including but

not limited to: hi velocity/ low amplitude {HVLA), strain/counterstrain, and muscle energy techniques.

2.) Demonstrates, as documented in the medical record, integration of osteopathic concepts and OMT in all sit es of patient care, including the continuity of care t raining sit e, the hospital, and long-term care facility. It is understood that integration implies the use of OMT in such conditions as, but not limited to, respiratory, cardiac, and gastrointestinal disorders, as well as musculoskeletal disorders.

3.) Understand the philosophy behind osteopathic concepts and demonstrates this through integration into all clinical and patient care activities.

4.) Describes the role of the musculoskeletal system in disease, including somato/visceral alterations in body framework.

5.) Understands the indications for and contra indications to osteopathic manipulative treatment .

		COMPETENCY SCORE				TOTAL SCORE
		DIAGNOSIS	TECHNIQUE DEMO	TISSUE CHANGES	BIOMECHANICS	
AREA EVALUATED	HEAD/SKULL					
	CERVICAL SPINE					
	THORACIC SPINE					
	RIB CAGE					
	UPPER EXTREMITY					
	LUMBAR SPINE					
	SACRUM & PELVIS					
	LOWER EXTREMITY					

FINAL SCORE	
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Comments: