Resident: _____ Date: _____Evaluator: _____

Resident OMT Grading Rubric

For Muscle Energy Techniques only.	Dx_____
____/3	1. Personally assumes correct position for dysfunction stated.
____/3	2. Positions patient correctly at patient's initial barrier(announces/explains any technique deviations).
____/3	3. Holds position for 3-5 seconds against resistance.
____/3	4. Appears to take patient to the barrier or stated barrier.
____/3	5. Applies the appropriate amount and direction of force against the patient's force.
____/3	6. Repeats technique 3-5 times.
____/3	7. Exerts a final stretch at the end of treatment.
____/3	8. Reassesses treated area in neutral.
____/3	9. Appears practiced and controlled in performance of technique
____/4	10. Communicates explanation of the biomechanics of the specific somatic dysfunction being treating.
____/4	11. Communicates understanding of the treatment model of this technique.
Muscle Energy Final Score: _____/35	

For HVLA Technique only.	Dx_____
____/3	1. Personally assumes correct position for dysfunction stated.
____/4	2. Positions patient correctly (announcing and explaining any deviations in technique).
____/4	3. Appears to take patient to the barrier or stated barrier in all planes of motion.
____/4	4. Resident does not overloading the tissues or causing patient guarding.
____/4	5. Resident delivers the correct quantity and vector of force.
____/4	8. Reassesses treated area in neutral.
____/4	9. Appears practiced and controlled in performance of technique
____/4	10. Communicates explanation of the biomechanics of the specific somatic dysfunction being treating.
____/4	11. Communicates understanding of the treatment model of this technique.
HVLA final score: _____/35	

For Myofascial Release Technique only.	Tx_____
____/4	1. Personally assumes correct position for dysfunction stated.
____/4	2. Positions patient correctly.
____/3	3. Appears to apply the correct vector of force in all planes of motion: either into the position of ease (indirect) or into the barrier (direct).
____/4	4. Appears to apply the correct amount of force.
____/4	5. Treats for appropriate amount of time given the dysfunction (30 seconds).
____/4	6. Reassesses treated area in neutral.
____/4	7. Appears practiced and controlled in performance of technique
____/4	8. Communicates explanation of the biomechanics of the specific somatic dysfunction being treating.
____/4	9. Communicates understanding of the treatment model of this technique.
Myofascial Release final score: _____35	

Resident: _____ Date: _____Evaluator: _____

Resident OMT Grading Rubric

For Counterstrain Techniques only.	Dx_____
____/4	1. Assesses for tenderness & finds an appropriate tenderpoint (Labels it a 10/10 & patient must verbalize).
____/3	2. Personally assumes correct position for dysfunction stated before beginning technique.
____/4	3. Positions patient correctly to start the treatment (announcing/explaining any deviations in technique).
____/3	4. Reassesses for tenderness after repositioning.
____/4	5. Finger palpating tenderpoint never moves during technique.
____/3	6. Holds the treatment position for the full 90 seconds.
____/3	7. Slowly returns patient to neutral & re-assesses area in neutral for resolution of the tender point.
____/3	8. Appears practiced and controlled in performance of technique.
____/4	9. Communicates explanation of the biomechanics of the specific somatic dysfunction being treating.
____/4	10. Communicates understanding of the treatment model of this technique.
Counterstrain Final Score: _____/35	

Lymphatic Technique only.	Tx_____
____/3	1. Personally assumes correct position for dysfunction stated.
____/4	2. Positions patient correctly.
____/4	3. Appears to apply the correct amount of force.
____/4	4. Appears to have correct vector of force.
____/4	5. Treats in the appropriate sequence given the technique.
____/4	6. Treats for appropriate amount of time given the dysfunction.
____/4	7. Appears practiced and controlled in performance of technique.
____/4	8. Communicates explanation of the biomechanics of the specific somatic dysfunction being treating.
____/4	9. Communicates understanding of the treatment model of this technique.
Lymphatic final score: _____/35	

For FPR Technique only.	Dx_____
____/3	1. Personally assumes correct position for dysfunction stated before beginning technique.
____/3	2. Positions patient correctly to start the treatment (announces/explains any deviations in technique).
____/4	3. Appears to apply the appropriate amount of force.
____/4	4. Appears to have the correct vector of force.
____/4	5. Applies force for at least 3-5 seconds.
____/3	6. Slowly returns the patient to neutral position.
____/3	7. Reassesses treated area after performance of the technique.
____/3	8. Appears practiced and controlled in performance of technique.
____/4	9. Communicates explanation of the biomechanics of the specific somatic dysfunction being treating.
____/4	10. Communicates understanding of the treatment model of this technique.
FPR Final Score: _____/35	