

# HELPING TO KEEP YOUR FAMILY PROTECTED THROUGH VACCINATION<sup>1,2</sup>



Actor portrayal



Actor portrayal

Vaccinations can play a big role in helping to protect you and your family against certain diseases.<sup>1</sup>

It is important that you and your family keep up to date on vaccines.<sup>3</sup> Contact our office today to schedule your next vaccination appointment.

## TEST YOUR VACCINE KNOWLEDGE TRIVIA

See how much you know about routine vaccinations.

1

**TRUE OR FALSE:**  
Adults need vaccines too.<sup>4</sup>

2

**How many diseases can childhood vaccinations help protect your kids against?<sup>1</sup>**

- Ⓐ More than 5
- Ⓑ More than 8
- Ⓒ More than 12
- Ⓓ More than 15

3

**What are some reasons for adult vaccination?<sup>4</sup>**

- Ⓐ The protection from vaccines against certain diseases may wear off over time
- Ⓑ Adults can be at risk for different diseases
- Ⓒ None of the above
- Ⓓ Both A & B

4

**TRUE OR FALSE:**  
Vaccination schedules are developed individually for each child.<sup>3</sup>

**1 ANSWER: True!** Vaccinations are needed at different stages of life, including during adulthood, to help keep you protected from certain infectious diseases.<sup>4</sup>

**2 ANSWER: Ⓓ** More than 15.<sup>1</sup>

**3 ANSWER: Ⓓ** Both A & B. Adults need some vaccines because some vaccines can wear off over time. Additionally, as an adult, you may be at risk for different diseases.<sup>4</sup>

**4 ANSWER: False!** The CDC-recommended vaccination schedule is designed to help protect children before they are exposed to vaccine-preventable diseases. It's based on many factors, including how likely children are to respond to vaccines at various ages and whether they are likely to be exposed to a particular disease.<sup>3</sup>

**VACCINATIONS CAN HELP PROTECT YOU AGAINST CERTAIN DISEASES.<sup>1</sup>**  
Talk to your doctor today to confirm that you're up-to-date on all vaccines.

### References

1. Centers for Disease Control and Prevention. Child and adolescent immunization schedule by age. Updated November 16, 2023. Accessed March 5, 2024. <https://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html>
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3. Centers for Disease Control and Prevention. Reasons to follow CDC's recommended immunization schedule. Updated February 25, 2020. Accessed July 7, 2023. <https://www.cdc.gov/vaccines/parents/schedules/reasons-follow-schedule.html>
4. Centers for Disease Control and Prevention. There are vaccines you need as an adult. Updated July 30, 2021. Accessed August 9, 2023. <https://www.cdc.gov/vaccines/adults/index.html>

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