

EDITOR'S MESSAGE

Leadership and Optimism


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We are well into 2020, and spring, along with the ACOFP conference in New Orleans, is right around the corner. The Associate Editor, Paula Gregory, DO, and I will be at the conference to present the Attending Paper of the Year to a few of our distinguished authors of 2019. It is always a privilege to meet physicians that have put time and effort into adding to the Osteopathic medical literature. We hope to network and meet many students, residents, and physicians that will become new authors in the coming years. Meeting these future authors and leaders of the profession provides me with a positive outlook and optimism for the Osteopathic profession.

Speaking of leaders, it was Colin Powell that stated, "Optimism is a force multiplier" and can radiate outward to people and organizations. He didn't suggest that optimism means that one should stoically accept incompetence with learned helplessness, but decide that good change is always possible. I hope to see you in New Orleans and multiply some of this positive enthusiasm.

In this issue of OFP, there are excellent, timely articles. From taking the leadership role in discussing end-of-life care with patients to a thoughtful discussion of public health policy, I feel this issue provides some substantive pieces to the medical literature. Holistic patient care and Osteopathic diagnosis and treatment are integrated into our two review articles. Overall, this issue should provide you with real, actionable items to use in your practice.

Have a great start to your spring, and see you in New Orleans!



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