

EDITOR'S MESSAGE

Incredible Life Lesson from *Groundhog Day*

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Ask my wife and she will tell you that one of my favorite movies is *Groundhog Day* starring Bill Murray. If you have some time in the evenings to enjoy movies, *Caddyshack* (turned 40 this year) and *Meatballs*, *Stripes*, *Tootsie*, *Ghostbusters*, *Scrooged* and *Lost in Translation* are all great additions to a Bill Murray, forget the pandemic for a while, movie marathon.

Groundhog Day has a special significance at this time, given the story is of waking up to the same events over and over again with no end in sight. Bill Murray is one of those guys who seems to have life events that mirror the common man. He actually worked as a caddy to make money to go to college. He majored in pre-med but was expelled after being arrested for cannabis use. His passion for sports includes a love of the Chicago Bears and Cubs. He is listed as the Director of Fun for the Charleston RiverDogs minor league baseball team in my state and also is the team psychologist for St. Paul Saints baseball. Overall, he is a renaissance actor with quite a varied life history.



Moving on from pop culture trivia to the current issue of *Osteopathic Family Physician*, I am excited to tout the excellent articles we have for you in this issue. The timely reports on the coronavirus will hopefully provide you valuable information, ranging from "Telemedicine During A Pandemic," to "Treatment Experiences in the ICU." The dermatologic article, "Timeline in Pictures of Oral Aphthae," presents a brief report on a chronic, relapsing, inflammatory vascular disease with no pathognomonic test. The clinical image article concludes our issue and this month focuses on "Intranasal Manifestation of Granulomatous Disease in Common Variable Immunodeficiency." The *OFP* editorial board works hard to put out a high-quality journal for our readers and our mission is that you learn something applicable to your practice in each issue.

Back to *Groundhog Day*. Initially, the lead character was wrought with fear, depression and horror in his seemingly endless situation. But eventually, Phil (Bill Murray) used his time to become a better person by learning from the past and caring about people in the present. He broke the curse and his life continued on a better path than before his endless loop of experiencing the same day over and over. Without this, *Groundhog Day* would not have ended (and Bill Murray would not have been available for *Lost in Translation*).

Let's see if we can strive to find a better way forward!

Take care of yourself and others.