

## Editor's Message

### *Summer Musings*

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Sunny weather is here and we have an article on sunscreens. As I sit here with the worst sunburn in years, it is clear to me that knowing and doing are two different things. Reapplication is very important and physical barriers are mentioned that include shade, clothing, hats and sunglasses. Use fresh sunscreen especially if the old ones have been stored in extreme temperatures in places like cars, boats and sport bags.

We are beginning a column that we hope to continue, with some visual dermatology. It is accompanied by information about the diagnosis and treatment of the condition of the month.

Dextrose prolotherapy is the topic of another article in this edition. It summarizes patient responses to treatment by one osteopathic physician. A small sample size and one operator limit this article but could be an example of a preliminary study mentioned in the funding article.

The use of osteopathic manipulative therapy in the treatment of concussion is explored in another preliminary study. This writing also has a small sample size and is retrospective so should be considered preliminary.

This edition of Osteopathic Family Physician has a long article on the topic of research funding. It may be of interest to those of us beginning an academic career or moving up a year in residency.

It is time for academic osteopathic family physicians to develop active research agendas. We need primary care research efforts in osteopathic family medicine. Our departments are focused on clinical teaching. We need to be exploring how we can work better and more efficiently. For example, many of my elder patients have hearing loss and cannot afford hearing aides. I know they cannot hear what I am saying. Multi-morbidity is a domain of primary care. What question do you have every day?

